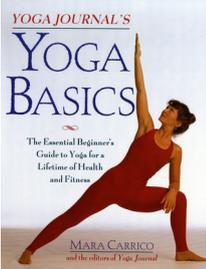
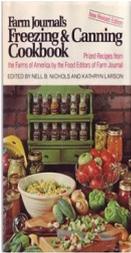
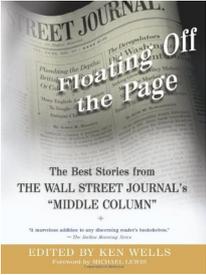


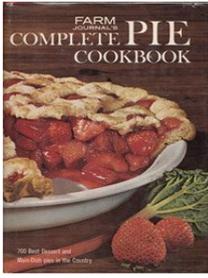
JOURNAL IT!: PERSPECTIVES IN CREATIVE JOURNALING



What your opinion about journal it!: perspectives in creative journaling by jenny doh journaling and collage come together in journal it!, where 19 mixed-media artists showcase their signature techniques, tips, and creativity boosters. the featured work ranges from lettering expert jill k. berry's beautifully calligraphied travel journals to jeannette sclar's whimsical gardening books, and the techniques include everything from toner-based transfer to stitc journaling and collage come together in journal it!, where 19 mixed-media artists showcase their signature techniques, tips, and creativity boosters. the featured work ranges from lettering expert jill k. berry's beautifully calligraphied travel journals to jeannette sclar's whimsical gardening books, and the techniques include everything from toner-based transfer to stitching with fabric and paper. with over 200 inspirational photos to guide them, even beginners can create works of art right from the start. ...more

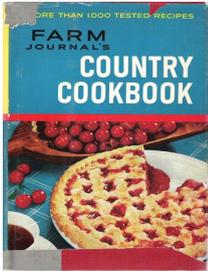
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Cover	Title & Description	Status
	<p>YOGA JOURNAL'S YOGA BASICS: THE ESSENTIAL BEGINNER'S GUIDE TO YOGA FOR A LIFETIME OF HEALTH AND FITNESS</p> <p>welcome to the world of yoga. yoga journal's yoga basics offers the first truly comprehensive introduction to the practice of this popular ancient healing art. produced by a teacher of yoga for over 25 years and the editors of yoga journal, it offers all the inspiration and instruction you'll need to develop your own at-home yoga practice. beginning with an exploration of t welcome to the world of yoga. yoga journal's yoga basics offers the first truly comprehensive introduction to the practice of this popular ancient healing art. produced by a teacher of yoga for over 25 years and the editors of yoga journal, it offers all the inspiration and instruction you'll need to develop your own at-home yoga practice. beginning with an exploration of the roots of yoga, the book goes on to describe a variety of hatha yoga styles-- iyengar, ashtanga, kundalini, and others-- so you can choose the method that's appropriate for you. featuring easy-to-follow instructions and 140 black-and-white photographs to illustrate the postures, yoga basics provides a thorough understanding not only of the mechanics of technique but of all the important elements that make yoga so much more than a fitness regime. in this unique book you'll find: * tips on the use of the breath in yoga practice and breath awareness exercises * guidelines for regular practice, including health and safety considerations * dozens of illustrated postures-- standing, seated, supine, and prone-- with their benefits described * sample yoga routines that can be done in as little as 15 minutes per day * instruction on the practice and power of meditation ...more</p>	<p>Readable/Downloadable</p>
	<p>FARM JOURNAL'S FREEZING AND CANNING COOKBOOK: PRIZED RECIPES FROM THE FARMS OF AMERICA</p> <p>newest directions for canning, preserving, freezing fruits, meats, vegetables plus wonderful recipes to freeze and can. the contents include: freezing foods at home; fruits and vegetables; meat, poultry, fish and game; dairy foods and eggs; homemade breads; cakes, cookies and pies; main dishes; soups, salads and sandwiches; preserving food safety; fruits, fruit juices and newest directions for canning, preserving, freezing fruits, meats, vegetables plus wonderful recipes to freeze and can. the contents include: freezing foods at home; fruits and vegetables; meat, poultry, fish and game; dairy foods and eggs; homemade breads; cakes, cookies and pies; main dishes; soups, salads and sandwiches; preserving food safety; fruits, fruit juices and tomatoes; peak-of-the-season vegetables; meat, poultry and game; pickles, vegetable relishes and sauerkraut; fruit pickles, relishes, ketchups and chutneys; jams, jellies and other spreads; curing meat, poultry, fish. ...more</p>	<p>Readable/Downloadable</p>
	<p>FLOATING OFF THE PAGE: THE BEST STORIES FROM THE WALL STREET JOURNAL'S "MIDDLE COLUMN"</p> <p>on any given day, millions of wall street journal readers put aside the serious business and economic news of the day to focus first on the paper's middle column (a.k.a. the a-hed), a virtual sound-bubble for light literary fare -- a short story, a tall tale, an old yarn, a series of vignettes, and other unexpected delights that seem to "float off the page." in this first- on any given day, millions of wall street journal readers put aside the serious business and economic news of the day to focus first on the paper's middle column (a.k.a. the a-hed), a virtual sound-bubble for light literary fare -- a short story, a tall tale, an old yarn, a series of vignettes, and other unexpected delights that seem to "float off the page." in this first-ever compendium of middle-column pieces, you'll find an eclectic selection of writings, from the outlandish to the oddly enlightening. read about: • one man's attempt to translate the bible into klingon • sheep orthodontics, pet-freezing, and toad-smoking • being hip in cairo, modeling at auto shows, piano-throwing • the fate of mail destined for the world trade center after 9/11 • the plight of oiled otters in prince william sound ...and much, much more. edited by 20-year journal veteran ken wells, and with a foreword by liar's poker author michael lewis, floating off the page is the perfect elixir for fans of innovative prose in all its forms and function. .more</p>	<p>Readable/Downloadable</p>



FARM JOURNAL'S COMPLETE PIE COOKBOOK

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FARM JOURNAL'S COUNTRY COOKBOOK

1972 revised and enlarged edition hardcover with dust jacket as shown. book and jacket in fine condition. jacket in new archival jacket cover which has been taped down with archival tape.

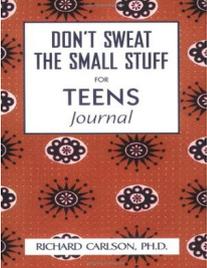
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DEAR TEDDY (DEAR TEDDY: A JOURNAL OF A BOY (DEAR TEDDY #1)

little boy little boy, curled in a ball. i know your secrets, i know them all i write in my journal as much as i can. i talk to mr. ted. he is my only friend. he understands when the bad man comes. he holds my hand when i have nightmares and my mummy doesn't hear me cry. mr. ted doesn't tell. he won't say when my daddy hurts me. he keeps my secrets and my stories. i love mr. t little boy little boy, curled in a ball. i know your secrets, i know them all i write in my journal as much as i can. i talk to mr. ted. he is my only friend. he understands when the bad man comes. he holds my hand when i have nightmares and my mummy doesn't hear me cry. mr. ted doesn't tell. he won't say when my daddy hurts me. he keeps my secrets and my stories. i love mr. ted. he is the only one who loves me back. mr. ted. i keep falling asleep. bad things happen. i get sore all the time. but i don't know why. my mum says it's a demon. because i got evil. please make me be good. ... where does an abused child turn when he has no one to talk to? believing that he is evil and meant to be a victim, he tells his horrific journey to his only friend, mr. ted. the boy is five. in his own words through the compelling pages of his journal, he writes in terrific detail of unspeakable abuse forced upon him by his parents. through manipulation and control, he is moulded into a creation of their own design. fear follows close behind in the guise of the "bad man." his voice is no longer silent. what readers are saying: "fresh writing style." "... a sobering look into the terrifying world of child abuse as seen through the survivor's eyes. a five-year-old boy." "the reader is easily transported." "i found myself praying for him throughout the book. i found myself cursing and talking out loud and comforting him." "... then there was his childlike vocabulary, his bright mind, his utterly sweet spirit, even his ignorance of what was actually happening on every level, it was all like a buffer against the horror of it." "truly horrifying, heart-wrenching story of a childhood gone wrong; hurt by the ones who were meant to love and protect him." "... all the more heartbreaking as the young boy tries to understand why he is "bad", believing that is the reason that he is continuously abused and punished." "i'm glad i read this one. i doubt i would have been able to get through it if hadn't been that it was written so matter of factly by the perspective of the child, talking to his teddy as he had no-one else. you can't really say you "enjoyed" reading something like this, as it's very painful. but it gripped me and i would highly recommend it!" .more

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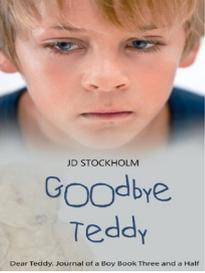
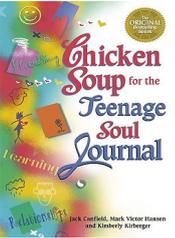
	<p>THE POWER TO SHAPE YOUR DESTINY (SIX COMPACT DISCS/BONUS COMPACT DISC/JOURNAL/FLASHCARDS)</p> <p>cd version - six compact discs/bonus compact disc/journal/flashcards don't wait for your destiny have you noticed sometimes you can perform at your best and still fall just short of your goal? now, anthony robbins will show you how to utilize a quality you already possess so you can achieve that goal. this audio program entitled the power to shape your destiny: seven strategie cd version - six compact discs/bonus compact disc/journal/flashcards don't wait for your destiny have you noticed sometimes you can perform at your best and still fall just short of your goal? now, anthony robbins will show you how to utilize a quality you already possess so you can achieve that goal. this audio program entitled the power to shape your destiny: seven strategies for massive results shows you how. you will learn: *how one simple exercise, when practiced for 20 minutes a day, can make your biggest dreams happen, even when peak performance isn't enough. this same exercise can instantly wipe out any fear, hurt, procrastination, worry, angst, anger, bad habit, or obstacle to achievement. *how a certain quality you already possess can eliminate all your bad habits and vices, and how that same quality can drive you to establish a new level of excellence for your life. *how to identify the primary motivator in your life and modify it so it serves you. *how to improve your decision-making system and your nervous system so you naturally attract and create a superior destiny. *and more! the power to shape your destiny will become your close companion as you use it to realize what you really want from your life. what is it you're truly after? do you want a more fulfilling career, economic freedom, or more passionate relationships? do you want to have the time for extraordinary vacations? would you like to travel the world? would you just like to be closer to a certain friend, relative, or loved one? what's been holding you back from living your dreams? if you want to change it all, this is the program to make it happen. the power to shape your destiny will show you how to make it happen. if you need that extra push to take you over the top, this is what will give it to you! ...more</p>	<p>Readable/Downloadable</p>
	<p>DON'T SWEAT THE SMALL STUFF FOR TEENS JOURNAL (DON'T SWEAT THE SMALL STUFF)</p> <p>from the author of the bestselling don't sweat the small stuff series comes a beautifully designed journal for teens to record the stresses of everyday life.in don't sweat the small stuff for teens, richard carlson, ph.d., offered teens simple techniques for coping with life's everyday challenges. now he offers them a tool in which to write about and reflect upon every fac from the author of the bestselling don't sweat the small stuff series comes a beautifully designed journal for teens to record the stresses of everyday life.in don't sweat the small stuff for teens, richard carlson, ph.d., offered teens simple techniques for coping with life's everyday challenges. now he offers them a tool in which to write about and reflect upon every facet of their lives: academics, sports, social situations, family life, money matters, even work.filled with guiding questions for teens to answer, blank lined spaces for recording stressful moments, and inspirational quotes, the don't sweat the small stuff for teens journal is private space for teenagers to record and come to terms with their most intimate thoughts and fears. ...more</p>	<p>Readable/Downloadable</p>

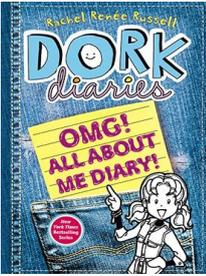
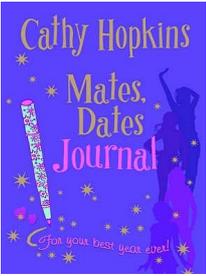
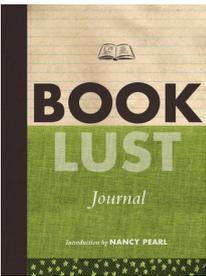
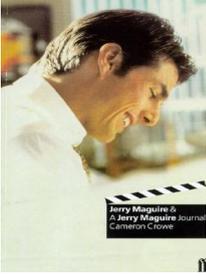
NEWSPAPERMAN: INSIDE THE NEWS BUSINESS AT THE WALL STREET JOURNAL

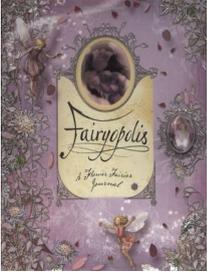
an inside look at america's largest newspaper--"the wall street journal" "phillips offers fascinating insights about american business, politics, and journalism. he traveled in the circles of ceos, u.s. presidents, prime ministers, and royalty; always at his core he was a reporter. that is the beauty of "newspaperman." --vernon e. jordan jr., civil rights leader; senior man an inside look at america's largest newspaper--"the wall street journal" "phillips offers fascinating insights about american business, politics, and journalism. he traveled in the circles of ceos, u.s. presidents, prime ministers, and royalty; always at his core he was a reporter. that is the beauty of "newspaperman." --vernon e. jordan jr., civil rights leader; senior managing director, lazard freres & company; adviser to president bill clinton "[phillips] captures the fabulous stories of a scrawny, precocious boy from reporter to publisher and then ceo, participating in and then presiding over the "journal"'s years of greatest growth." --joan konner, dean emerita, columbia university graduate school of journalism "phillips fell in love with newspapers when he was a boy. he's still infatuated but he doesn't skip over his tough times or mistakes. that's what makes "newspaperman" such a telling guide to the newsroom and to the top office in the executive suite." --lou boccardi, former president and chief executive, associated press; former chairman, pulitzer prize board "this lovely book recounts the life of a wise, thoughtful, and admired newspaper editor and publisher. the tiny "wall street journal" warren phillips joined grew up to be a giant. "newspaperman" tells that story." --donald e. graham, chairman and chief executive, the washington post company "[phillips provides] perceptive commentaries on germany, greece, turkey, england, spain, china, russia, and the middle east. all is told with modest good humor, but repeatedly emphasizes the need for integrity and high standards." --george b. munroe, retired chairman and chief executive, Phelps Dodge Corporation "the story of a boy born in brooklyn, a reporter, an editor, a publisher, a corporate executive, and now the author of a fascinating book." --james q. Riordan, former vice chairman, Mobil Corporation "in spite of a few hiccups, honestly related here, Dow Jones was rated by Fortune Magazine as the second most-admired company in the United States, and so proved that an outstanding newspaperman can also achieve enormous success as a business builder and leader." --Hamish Maxwell, former chairman and CEO, Philip Morris Companies Inc. "a memoir from a man who helped transform "the wall street journal" from a local newspaper to a global operation... throughout the book, phillips looks at his part in shaping the "journal"'s news and editorial coverage, and these sections provide insight into his highly successful methods. the author includes many anecdotes culled from his diaries, some very funny, which illustrate the variegated aspects of his life and the people who shared in it. a well-rounded autobiography about the journalism industry and the people who shaped the news over the past 50 years." --Kirkus Reviews "the sections about the rise of the "wall street journal"'s quality and influence are fascinating - for journalists and non-journalists alike." --"Philadelphia Inquirer" "phillips provides an arresting retrospective on modern world history that general readers will find informative and delightful." --"Star-Telegram" about the book when Warren Phillips was eleven years old, his father took him on a guided tour of the "New York Daily News," where he got his first look at the frenzied yet surprisingly ordered and controlled world of newspaper publishing. he saw everything from the industrial printing presses churning out newspapers at astonishing speeds to reporters hunched over their typewriters, writing the very stories those presses would be producing within hours--or even minutes. phillips was hooked. he knew exactly what he wanted to do with his life. "newspaperman" tells the story of how an immigrant's shy son from Queens, New York, rose to the top of his industry powered by little more than passion, brains, and hard work. phillips began his career working as a copyboy for the "New York Herald Tribune" for sixteen dollars a week--and ended it as publisher of "the wall street journal" and CEO of its parent corporation, Dow Jones & Company. the life story of Warren Phillips "is" the story of the American newspaper business. here, the details of his vast experience come together to create a broad picture of the newspaper business-- revealing how news is discovered, reported, edited, published, and disseminated. sharing vivid tales of working as a reporter around the world and describing the many colorful characters he meets along the way, phillips provides a level of insight that only a leading figure in the industry could offer. "newspaperman" gives you an up-close look at one of the most influential people in the history of "the wall street journal"--and an unprecedented view of the business, from its rapid modernization during the post-wwii, cold war era to the early years of digital publishing and the rise of the internet, which may mark the decline of the printed page forever. phillips's entertaining, penetrating, and impressively detailed account is a must-read for both devotees of America's most iconic business publication and anyone with an interest in how news is reported. .more



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	<p>GOODBYE TEDDY: DEAR TEDDY: A JOURNAL OF A BOY (DEAR TEDDY #4)</p> <p>this journey has been an odd one; i didn't even know i was on it. dear teddy was born out of a conversation with my therapist at the time, a way for the child to speak after so many years of silence and being locked away in the dark. once i gave him a pen and told him it was okay for him to talk, he didn't stop. he had so much to say, and he did. goodbye teddy is the fourth this journey has been an odd one; i didn't even know i was on it. dear teddy was born out of a conversation with my therapist at the time, a way for the child to speak after so many years of silence and being locked away in the dark. once i gave him a pen and told him it was okay for him to talk, he didn't stop. he had so much to say, and he did. goodbye teddy is the fourth and final book in the dear teddy series, as with the previous books; it is told through the eyes of the child. he asks you to walk with him as he shows you his world. this is a tale of child abuse in all forms. every page takes you through the horrific events and the ways he came to survive them. it shows you the betrayal by those very people that should have protected him; his mother and father. listen as he shares his secrets, his fears, his hopes and dreams. laugh with him, cry with him, but don't stop or close your eyes. excerpt i sit on the cushions. i look at my dad's bottle of petrol. maybe i can drink it. it is poison. my dad says it is. he shouts when my brother plays in there. because there is lots of things and it is poison and can make him die and go to heaven. i look at it lots of times. maybe i can drink it all down. i think about it inside. maybe it tastes nice. i like how it smells. maybe it doesn't taste very bad. i reach over and get it. i open it. it smells nice. maybe i can count. not to four, though. four is very bad. i count to three. one, two, three. then i can drink it and i can go away and then everyone is happy about it. one. two. three. i lift the bottle up and then i put it at my mouth. i don't tip it yet. i don't keep the crying part away. i don't ever be any good. "drink it." i say it very bad to myself. "drink it. drink it." ...more</p>	<p>Readable/Downloadable</p>
	<p>HOLY BIBLE: NIV STUDY BIBLE JOURNAL: FROM THE NIV STUDY BIBLE</p> <p>inspiring companion journals to best-selling zondervan bibles. beautifully crafted of soft italian duo-tone(tm) these journals are sure to be a favorite of customers. each journal is guided with devotions and questions from the zondervan bible with plenty of room to write prayers and personal reflections.</p>	<p>Readable/Downloadable</p>
	<p>TELLING TEDDY (DEAR TEDDY: A JOURNAL OF A BOY (DEAR TEDDY #2)</p> <p>mr. ted holds the hand of his six-year-old friend as they share more of his deepest secrets. poignant and bold, the boy's courageous words are detailed and real. he takes you farther into his abusive life and broken mind as he survives the tangled deceit and lies of his everyday. sit alongside him. hear his voice and listen with your heart as he opens it up once more. his mr. ted holds the hand of his six-year-old friend as they share more of his deepest secrets. poignant and bold, the boy's courageous words are detailed and real. he takes you farther into his abusive life and broken mind as he survives the tangled deceit and lies of his everyday. sit alongside him. hear his voice and listen with your heart as he opens it up once more. his story continues... ..more</p>	<p>Readable/Downloadable</p>
	<p>CHICKEN SOUP FOR THE TEENAGE SOUL JOURNAL (CHICKEN SOUP FOR THE SOUL)</p> <p>series: chicken soup for the soul publication date: october 1, 1998 your hopes, your dreams, your life - chicken soup for the teenage soul journal gives you the perfect outlet to record your personal stories, feelings and experiences, in a way that is both fun and challenging. sections called "friendship", "tough stuff", "follow your dreams" and more will help you to focus on what matters most to you, how to feel about your life, how to love yourself and others. with lots of space where you can write and where you can have friends and family share their feelings with you - it is also filled with great poems, thought provoking quotes, inspirational vignettes, and more. this journal is sure to become one of your most valued keepsakes.more</p>	<p>Readable/Downloadable</p>

	<p>DORK DIARIES JOURNAL (DORK DIARIES) a simon & schuster ebook. simon & schuster has a great book for every reader.</p>	Readable/Downloadable
	<p>MATES, DATES JOURNAL (MATES DATES) there's a page a day to write your innermost thoughts and feelings, and every day has a special message from one of the mates, dates girls. you can count on lucy, nesta, izzie and tj to inspire you or make you laugh as they share their ideas about love, friendship, life, the universe and chocolate! and there are brand new mini-features about the world of mates, dates. a gr there's a page a day to write your innermost thoughts and feelings, and every day has a special message from one of the mates, dates girls. you can count on lucy, nesta, izzie and tj to inspire you or make you laugh as they share their ideas about love, friendship, life, the universe and chocolate! and there are brand new mini-features about the world of mates, dates. a great feelgood gift for girls everywhere. ...more</p>	Readable/Downloadable
	<p>BOOK LUST JOURNAL (BOOK LUST) many readers have wished for a way to record their thoughts after finishing a book, or to remember their impressions of their book club meeting. nancy pearl's book lust journal is the perfect place to do these things and more. based on the famous bestseller, this conveniently sized journal is a great place for readers to expand their reading experience. the template offers many readers have wished for a way to record their thoughts after finishing a book, or to remember their impressions of their book club meeting. nancy pearl's book lust journal is the perfect place to do these things and more. based on the famous bestseller, this conveniently sized journal is a great place for readers to expand their reading experience. the template offers plenty of room for internal discussion to recall favorite passages of books, or to think about how the book they're currently reading reflects their own life. the template also functions as an easy-access reference tool to return to previous entries they have written. a detailed introduction explains how to make the most of the journal, while the pearl 100 offers informed suggestions on great reads. additional templates enable readers to record books on their "to read" list, note book passages to remember, and keep tabs on books lent to friends and family. ...more</p>	Readable/Downloadable
	<p>JERRY MAGUIRE & A JERRY MAGUIRE JOURNAL now available, the screenplay to the hit film in which, as newsweek noted, "cameron crowe captures the venal high-stakes world of pro sports with deadly wit, and an ex-journalist's sense of detail. he fills every scene with a vivid, funny, richly specific sense of character and an adult understanding of how hard a transaction love can be." also included in this volume are c now available, the screenplay to the hit film in which, as newsweek noted, "cameron crowe captures the venal high-stakes world of pro sports with deadly wit, and an ex-journalist's sense of detail. he fills every scene with a vivid, funny, richly specific sense of character and an adult understanding of how hard a transaction love can be." also included in this volume are crowe's entertaining and insightful account of the making of the film as well as jerry maguire's twenty-two page mission statement, referred to throughout the film and penned prior to production by crowe. ...more</p>	Readable/Downloadable
	<p>LE JOURNAL DE BRIDGET JONES (BRIDGET JONES #2) bridget jones, la trentaine, célibataire. soutenue par des amis régulièrement réunis en cellule de crise, humiliée dans les dîners de couple "mariés et fiers de l'être", exaspérée par les pressions parentales pour la caser, malmenée par son amant, elle est convaincue que si seulement elle pouvait perdre 500 grammes, arrêter de fumer et trouver son équilibre intérieur, tout bridget jones, la trentaine, célibataire. soutenue par des amis régulièrement réunis en cellule de crise, humiliée dans les dîners de couple "mariés et fiers de l'être", exaspérée par les pressions parentales pour la caser, malmenée par son amant, elle est convaincue que si seulement elle pouvait perdre 500 grammes, arrêter de fumer et trouver son équilibre intérieur, tout irait bien. ...more</p>	Readable/Downloadable

	<p>RELIC MURDERS: BEING THE SIXTH JOURNAL OF SIR ROGER SHALLOT CONCERNING WICKED CONSPIRACIES AND HORRIBLE MURDERS PERPETRATED IN THE REIGN OF KING HENRY VIII (SIR ROGER SHALLOT #6)</p> <p>in the autumn of 1523, roger shallot, self-proclaimed physician, rogue, charlatan and secret emissary of king henry viii, has nothing to do. his master, benjamin daunbey, has been sent to italy on a diplomatic mission, leaving him in charge of their manor outside ipswich. shallot, forbidden both to practise the art of medicine and to approach the beautiful miranda, takes t in the autumn of 1523, roger shallot, self-proclaimed physician, rogue, charlatan and secret emissary of king henry viii, has nothing to do. his master, benjamin daunbey, has been sent to italy on a diplomatic mission, leaving him in charge of their manor outside ipswich. shallot, forbidden both to practise the art of medicine and to approach the beautiful miranda, takes to reading. discovering the potential wealth which can be accrued by the finding and selling of true relics, he goes in search of his own. almost immediately he is in trouble - and in prison. rescued by the return of his master and the influence of cardinal wolsey, shallot finds himself at court, where he is ordered by the king and cardinal to break the law - to steal back for the crown the orb of charlemagne, now under close guard at the priory at clerkenwell. benjamin and roger have no choice but to agree to the task... before long they are drawn, not only into the shadowy underworld of tudor london and the illegal trade of relics, but also into murder and blackmail. .more</p>	<p>Readable/Downloadable</p>
	<p>FAIRYOPOLIS: A FLOWER FAIRIES JOURNAL (FLOWER FAIRIES)</p> <p>protected and hidden by a society of fairy lovers for over 80 years, the secret fairy journal of cicely mary barker is available for the first time. learn what really happened during that magical summer of 1920 when she discovered the secret world of the flower fairies.</p>	<p>Readable/Downloadable</p>