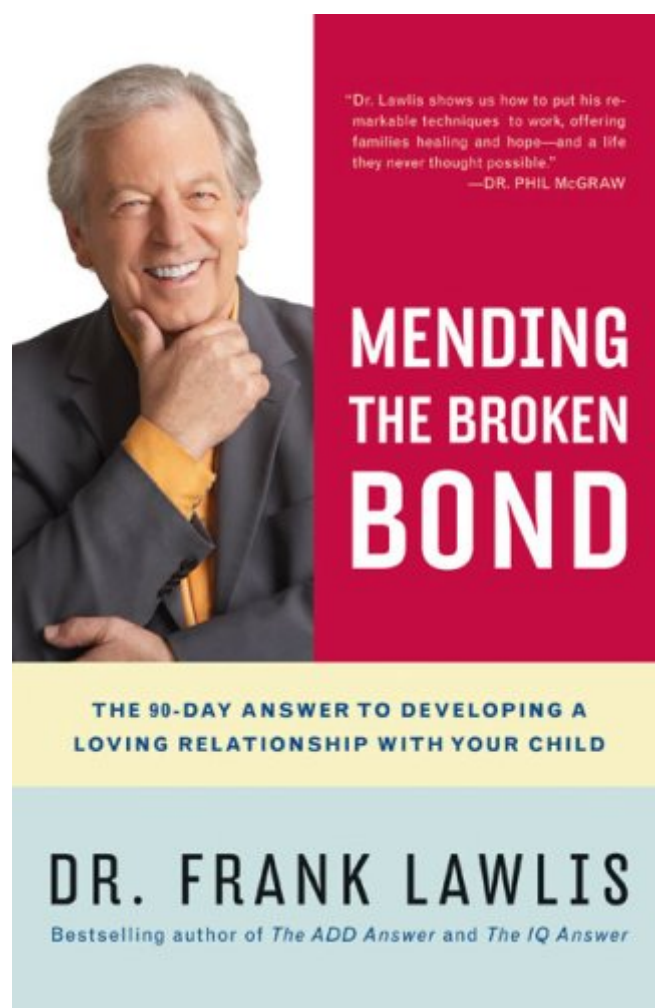


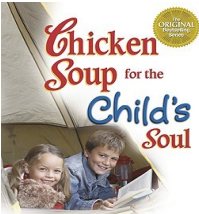
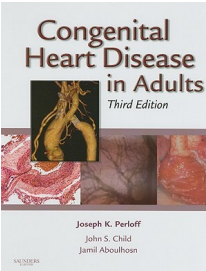
**MENDING THE BROKEN BOND: THE 90-DAY ANSWER TO  
DEVELOPING A LOVING RELATIONSHIP WITH YOUR CHILD**

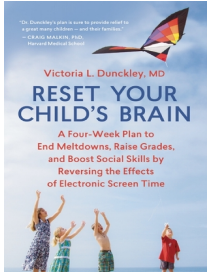


Downloadable ebook for mending the broken bond: the 90-day answer to developing a loving relationship with your child by frank lawlis from the new york times bestselling author of the iq answer, a guide to helping parents and kids learn to love each other again in his bestselling the add answer and the iq answer, dr. frank lawlis provided thousands of parents with the valuable information they need in order to confront their children's intellectual challenges. now he takes on an even mightier challenge— from the new york times bestselling author of the iq answer, a guide to helping parents and kids learn to love each other again in his bestselling the add answer and the iq answer, dr. frank lawlis provided thousands of parents with the valuable information they need

in order to confront their children’s intellectual challenges. now he takes on an even mightier challenge—helping parents and kids learn to love each other again. from the chief content adviser on the dr. phil show, mending the broken bond is for families that fight or cannot communicate effectively and for those who want to make their family relationships whole and loving. loving your “lost” child leads parents through a 90-day program of practical steps and action plans toward building a positive, loving, and healthy bond with their children. whether parents are struggling with toddlers throwing temper tantrums, ten-year-olds who prefer videogames to talking, or rebellious teenagers, dr. lawlis’s prescriptive and practical methods teach parents how to repair their relationships and regain connection with their children. for parents who feel ignored and frustrated, dr. lawlis offers comfort, hope, and a clear way forward. ...more

[Download: mending-the-broken-bond-the-90-day-answer-to-developing-a-loving-relationship-with-your-child.pdf](#)

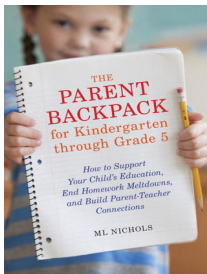
Cover	Title & Description	Status
 <p>Character-Building Stories to Read with Kids Ages 5-8 Jack Canfield, Mark Victor Hansen, Patsy Hansen, and Irene Dunlop</p>	<p><b>CHICKEN SOUP FOR THE CHILD'S SOUL: CHARACTER-BUILDING STORIES TO READ WITH KIDS AGES 5-8 (CHICKEN SOUP) (CHICKEN SOUP FOR THE SOUL (PAPERBACK HEALTH COMMUNICATIONS))</b></p> <p>today's children live in a world filled with adventure, mental stimulation, topical issues, and personal challenges. the values they learn now, between the ages of 5 and 8, will shape the rest of their lives. through this collection of heartfelt true stories about family ties, helping neighbors, and lasting friendships, children will see how other kids their age have learned today's children live in a world filled with adventure, mental stimulation, topical issues, and personal challenges. the values they learn now, between the ages of 5 and 8, will shape the rest of their lives. through this collection of heartfelt true stories about family ties, helping neighbors, and lasting friendships, children will see how other kids their age have learned valuable lessons from the choices they've made--and most of all, they will realize that they are not alone in dealing with some of the difficult issues in their lives; such as the loss of a loved one, accepting and respecting others, taking responsibility for their actions, coping with fitting in, or learning to make friends. chicken soup for the child's soul is a book that can help guide children as they explore their relationships with peers and family members, and begin to develop their own personal values. you and your children will share special times reading these real-life stories to each other, as together you explore how other children have dealt with everyday issues in healthy, positive ways. reading child's soul stories together can serve as an entrance to conversations about the topics of the stories, which can create better family and classroom communication during these exciting years of growth. ...more</p>	<p><a href="#">Readable/Downloadable</a></p>
 <p>Congenital Heart Disease in Adults Third Edition Joseph K. Perloff John S. Child Jamil Abouhoun</p>	<p><b>CONGENITAL HEART DISEASE IN ADULTS (CONGENITAL HEART DISEASE IN ADULTS (PERLOFF/CHILD))</b></p> <p>dr. perloff, the founding father of the field of adult congenital heart disease, presents a decade's worth of research and clinical data in the completely redefined 3rd edition to bring you the most current information. with advances in diagnosis and treatment in children, more and more of those with chd survive well into adulthood. expert contributors in various fields of dr. perloff, the founding father of the field of adult congenital heart disease, presents a decade's worth of research and clinical data in the completely redefined 3rd edition to bring you the most current information. with advances in diagnosis and treatment in children, more and more of those with chd survive well into adulthood. expert contributors in various fields offer a multi-disciplinary, multi-system approach to treatment so you get comprehensive coverage on all aspects of the subspecialty, including basic unoperated malformations, medical and surgical perspectives, postoperative residue, and sequelae. as someone who treats these patients, you need to be ready to provide the continual care they require. ...more</p>	<p><a href="#">Readable/Downloadable</a></p>



### **RESET YOUR CHILD'S BRAIN: A FOUR-WEEK PLAN TO END MELTDOWNS, RAISE GRADES, AND BOOST SOCIAL SKILLS BY REVERSING THE EFFECTS OF ELECTRONIC SCREEN-TIME**

a no-cost, nonpharmaceutical treatment plan for children with behavioral and mental health challenges increasing numbers of parents grapple with children who are acting out without obvious reason. revved up and irritable, many of these children are diagnosed with adhd, bipolar illness, autism, or other disorders but don't respond well to treatment. they are then medicated, a no-cost, nonpharmaceutical treatment plan for children with behavioral and mental health challenges increasing numbers of parents grapple with children who are acting out without obvious reason. revved up and irritable, many of these children are diagnosed with adhd, bipolar illness, autism, or other disorders but don't respond well to treatment. they are then medicated, often with poor results and unwanted side effects. based on emerging scientific research and extensive clinical experience, integrative child psychiatrist dr. victoria dunckley has pioneered a four-week program to treat the frequent underlying cause, electronic screen syndrome (ess). dr. dunckley has found that everyday use of interactive screen devices — such as computers, video games, smartphones, and tablets — can easily overstimulate a child's nervous system, triggering a variety of stubborn symptoms. in contrast, she's discovered that a strict electronic fast single-handedly improves mood, focus, sleep, and behavior, regardless of the child's diagnosis. offered now in this book, this simple intervention can produce a life-changing shift in brain function — all without cost or medication. dr. dunckley provides hope for parents who feel that their child has been misdiagnosed or inappropriately medicated, by presenting an alternative explanation for their child's difficulties and a concrete plan for treating them. ...more

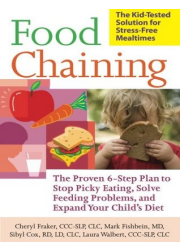
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### **THE PARENT BACKPACK FOR KINDERGARTEN THROUGH GRADE 5: HOW TO SUPPORT YOUR CHILD'S EDUCATION, END HOMEWORK MELTDOWNS, AND BUILD PARENT-TEACHER CONNECTIONS**

finally, a book that demystifies our daunting education system by giving parents the insights and strategies they need to build positive relationships with teachers and connect to their children's learning in productive ways. involved parents = better students how do you ensure your child gets the best education possible when u.s. schools have become overburdened, test-dri finally, a book that demystifies our daunting education system by giving parents the insights and strategies they need to build positive relationships with teachers and connect to their children's learning in productive ways. involved parents = better students how do you ensure your child gets the best education possible when u.s. schools have become overburdened, test-driven institutions that rank only average worldwide? decades of research confirm that when parents engage with their children's learning, kids do better in school—and life. this straight-talking guide helps you: • understand the critical role you play in your child's education, • connect with educators in respectful ways, • encourage a love of reading in your kids, • minimize homework meltdowns and disorganization, • support students who struggle academically, • help children navigate social situations and bullying, and • fuel your child's mind and body for learning. parent involvement looks different for every family and every child. packed with real stories and tested strategies, the parent backpack demystifies our complex education system and gives you the insights you need to help your kids thrive. ...more

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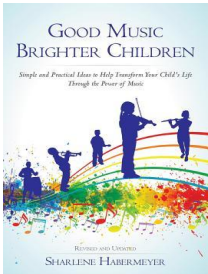
### **FOOD CHAINING: THE PROVEN 6-STEP PLAN TO STOP PICKY EATING, SOLVE FEEDING PROBLEMS, AND EXPAND YOUR CHILD'S DIET**

initially developed by co-author cheri fraker in the course of treating an eleven-year-old who ate nothing but peanut butter, bread, and milk, food chaining is a breakthrough approach for dealing with picky eating and feeding problems at any age. food chaining emphasizes the relationship between foods in regard to taste, temperature, and texture. in food chaining, the inte initially developed by co-author cheri fraker in the course of treating an eleven-year-old who ate nothing but peanut butter, bread, and milk, food chaining is a breakthrough approach for dealing with picky eating and feeding problems at any age. food chaining emphasizes the relationship between foods in regard to taste, temperature, and texture. in food chaining, the internationally known feeding team behind this unique method shows how to help your child enjoy new and nutritious foods, no matter what the nature of his picky eating. the guide also includes information on common food allergies, improving eating skills, advice specific to special needs kids, and a pre-chaining program to help prevent food aversions before they develop. food chaining will help you raise a lifelong healthy eater. ...more

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**GOOD MUSIC BRIGHTER CHILDREN: SIMPLE AND PRACTICAL IDEAS TO HELP TRANSFORM YOUR CHILD'S LIFE THROUGH THE POWER OF MUSIC**

did you know that music has the power to increase your child's intelligence? scientific studies at some of the most respected universities in the world indicate that children introduced to classical music at a young age read earlier and perform better on achievement tests. inside, respected educator, sharlene habermeyer gives you a simple, step-by-step program that any par did you know that music has the power to increase your child's intelligence? scientific studies at some of the most respected universities in the world indicate that children introduced to classical music at a young age read earlier and perform better on achievement tests. inside, respected educator, sharlene habermeyer gives you a simple, step-by-step program that any parent can follow. you'll discover how introducing your children to good music can: accelerate language development, improve math and science skills, increase memory and concentration, improve reading comprehension and retention, enhance physical coordination and benefit children with learning disabilities and more. this book is a powerful guideline for any parent who wants to help their child develop into a bright, well-rounded and confident adult. "with a scientist's eye and an artist's voice, habermeyer examines everything from the benefits of music for the developing brain to music's ability to improve cultural awareness. this is an encyclopedic, invaluable resource for anyone who believes in music education. a magnum opus, fact-filled and inspiring, on the benefits of music." -kirkus indie, kirkus media llc "this book outlines why music is important to learning, and provides parents with excellent suggestions for launching and sustaining a musical influence in the lives of their children." -james s. catterall, professor of education and co-director of imagination project at ucla. this book is a well-crafted look at the importance and many benefits of music in our children's lives at home and school. it is an enjoyable, lucid, and informative read for anyone who wants to better understand or make the case for the value of arts education in our schools." -tim seldin, president, the montessori foundation "this beautifully written work presents the most compelling argument to date that supports why we as a society must continue to fulfill the cultural mandate of including music in the life of every child." -kathleen a. horvath, phd, director of undergraduate studies in music education, case western reserve university "this book provides educators, parents, and the community with critical information as well as the language to advocate for music's rightful position within a child's complete education." -joan ashcraft, dma, director, tucson unified school district, performing arts, opening minds through the arts (oma) "a great resource for both parents and teachers. anyone interested in music or the overall well-being of children will not be able to put this book down." -lisha papert lercari, director, music and the brain "carefully researched and highly readable, good music, brighter children is written for musicians and non-musicians alike. it is filled with wisdom, insight and helpful tips to bring music into the home for all ages and stages of childhood." -shauna bird dunn, jd, mpa, utah young mother of the year, 2010 "this book is an incalculable resource for family members, educators, and music-affiliated retailers alike. parents should immerse themselves in its message." -antoinette purdon, the piano company, leesburg, virginia "every parent should read this book to discover the hidden talents of children; even those with learning disabilities. nothing is impossible if we strive to help our children through the power of good music." -miriam choi, suzuki piano teacher (advanced), melbourne, australia "good music, brighter children perfectly outlined for me how to brighten my children's lives through the world of music -nancy allen naroff, mother of musicians madeline and dylan "good music, brighter children is a refreshing and inspiring 'how-to' manual for parents who want to improve their child's life through music." -michelle whitesides, mother and young violinist chairperson pvrso ...more



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**THE PICKY EATING SOLUTION: WORK WITH YOUR CHILD'S UNIQUE EATING TYPE TO BEAT MEALTIME STRUGGLES FOREVER**

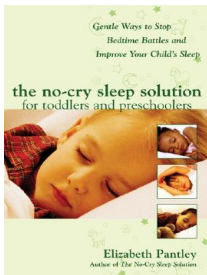
for the past 20 years, pediatricians, nutritionists, and dieticians have advised parents to provide children with healthy food and regular meal times, but to let the child decide what and how much to eat. however, research and clinical practice is proving that approach is dangerously faulty and sets children up for substandard nutrition in the short-term and dysfunctional for the past 20 years, pediatricians, nutritionists, and dieticians have advised parents to provide children with healthy food and regular meal times, but to let the child decide what and how much to eat. however, research and clinical practice is proving that approach is dangerously faulty and sets children up for substandard nutrition in the short-term and dysfunctional eating patterns--and illness--in the long-term. with the picky eating solution you'll: - quickly and easily identify your child's eating personality and learn how it impacts their interaction with food. - gain new strategies for dealing with picky eaters based on new research and clinical practice. - learn rules and approaches for resolving picky eating issues and ensure your kids are healthy and getting proper nutrition. the picky eating solution brings a new approach to resolving meal-time struggles with your child. take back control by implementing dr. deb's easy strategies. gain valuable insight and advice on how to deal with different picky eating personalities and get your child back to eating nutritious food on a consistent basis. ...more



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### **THE NO-CRY SLEEP SOLUTION FOR TODDLERS AND PRESCHOOLERS: GENTLE WAYS TO STOP BEDTIME BATTLES AND IMPROVE YOUR CHILD'S SLEEP**

"guaranteed to help parents reclaim sweet dreams for their entire family" new from the bestselling author of the classic baby sleep guide! getting babies to sleep through the night is one thing; getting willful toddlers and energetic preschoolers to sleep is another problem altogether. written to help sleep-deprived parents of children ages one to five, "the no-cry sleep sol "guaranteed to help parents reclaim sweet dreams for their entire family" new from the bestselling author of the classic baby sleep guide! getting babies to sleep through the night is one thing; getting willful toddlers and energetic preschoolers to sleep is another problem altogether. written to help sleep-deprived parents of children ages one to five, "the no-cry sleep solution for toddlers and preschoolers "offers loving solutions to help this active age-group get the rest they--and their parents--so desperately need. a follow-up to elizabeth pantley's megahit "the no-cry sleep solution," this breakthrough guide is written in pantley's trademark gentle, child-centered style. parents will discover a wellspring of positive approaches to help their children get to bed, stay in bed, and sleep all night, without having to resort to punishments or other negative and ineffective measures. "the no-cry sleep solution for toddlers and preschoolers " tackles many common nighttime obstacles, including: refusals to go to bed night waking and early rising reluctance to move out of the crib and into a big-kid bed nighttime visits to the parents' bed naptime problems nightmares, "night terrors," and fears special sleep issues of twins, special needs children, and adopted children sleepwalking, sleep talking, snoring, and tooth grinding ...more



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### **QUEEN BEE MOMS & KINGPIN DADS: DEALING WITH THE PARENTS, TEACHERS, COACHES, AND COUNSELORS WHO CAN MAKE--OR BREAK--YOUR CHILD'S FUTURE**

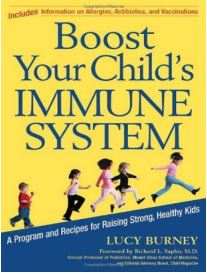
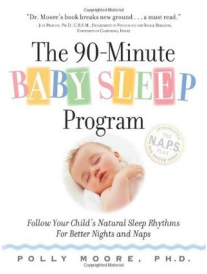
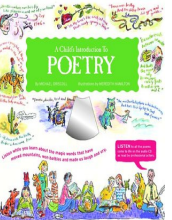
what happens to queen bees and wannabes when they grow up? even the most well-adjusted moms and dads can experience peer pressure and conflicts with other adults that make them act like they're back in seventh grade. in queen bee moms & kingpin dads, rosalind wiseman gives us the tools to handle difficult situations involving teachers and other parents with grace. reass what happens to queen bees and wannabes when they grow up? even the most well-adjusted moms and dads can experience peer pressure and conflicts with other adults that make them act like they're back in seventh grade. in queen bee moms & kingpin dads, rosalind wiseman gives us the tools to handle difficult situations involving teachers and other parents with grace. reassuring, funny, and unflinching, wiseman reveals:

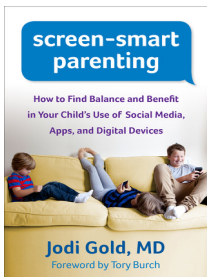
- why pta meetings and back-to-school nights tap into parents' deepest insecurities
- how to recognize the archetypal moms and dads—from caveman dad to hovercraft mom
- how and when to step in and step out of your child's conflicts with other children, parents, teachers, or coaches
- how to interpret the code phrases other parents use to avoid (or provoke) confrontation
- why too many well-meaning dads sit on the sidelines, and how vital it is that they step up to the plate
- what to do and say when the playing field becomes an arena for people to bully and dominate other kids and adults
- how to have respectful yet honest conversations with other parents about sex and drugs when your values are in conflict
- how the way you handle parties, risky behavior, and academic performance affects your child
- how unspoken assumptions about race, religion, and other hot-button subjects sabotage parents' ability to work together

queen bee moms & kingpin dads is filled with the kind of true stories that made wiseman's new york times bestselling book queen bees & wannabes impossible to put down. there are tales of hardworking parents with whom any of us can identify, along with tales of outrageously bad parents—the kind we all have to reckon with. for instance, what do you do when parents donate a large sum of money to a school and their child is promptly transferred into the honors program—while your son with better grades doesn't make the cut? what about the mother who helps her daughter compose poison-pen e-mails to yours? and what do you say to the parent-coach who screams at your child when the team is losing? wiseman offers practical advice on avoiding the most common parenting "land mines" and useful scripts to help you navigate difficult but necessary conversations. queen bee moms & kingpin dads is essential reading for parents today. it offers us the tools to become wiser, more relaxed parents—and the inspiration to speak out, act according to our values, show humility, and set the kind of example that will make a real difference in our children's lives. also available as a random house audiobook and as an ebook from the hardcover edition. ...more



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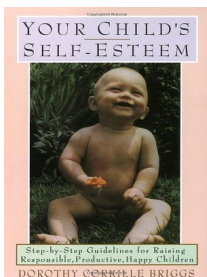
	<p><b>BOOST YOUR CHILD'S IMMUNE SYSTEM: A PROGRAM AND RECIPES FOR RAISING STRONG, HEALTHY KIDS (NEWMARKET PICTORIAL MOVIEBOOK)</b></p> <p>ideal for all parents, whatever their children's age how to help kids be fit and strong for life, from a top nutrition specialist. making the most of superfoods and nutrients, this powerful guide gives parents the building blocks and a clear plan to raise kids who are fit and strong for life and capable of fighting off bugs and infections. top nutrition specialist lucy burn ideal for all parents, whatever their children's age?how to help kids be fit and strong for life, from a top nutrition specialist. making the most of superfoods and nutrients, this powerful guide gives parents the building blocks and a clear plan to raise kids who are fit and strong for life and capable of fighting off bugs and infections. top nutrition specialist lucy burney walks parents through how the immune system works and then addresses in a straightforward, easy-to-read manner: what foods to eat?and avoid?at each stage of your child's life, including an a-z of superfoods for the immune system and the top 10 nutrients for building super-resistance and what foods contain them more than 160 recipes for super-healthy, easy-to-prepare meals?from what to eat during pregnancy to baby's first purees to tasty snacks for teenagers what foods can be used to combat common childhood ailments naturally?frequent colds and ear infections; dry skin or eczema; asthma; poor sleep habits tips on everything from how to get your child to drink more water, to how food preparation and cooking methods can enhance or detract from a food's nutritional value what parents need to know about the use (and overuse) of antibiotics to fight childhood infections the latest research on how kids develop and can avoid food allergies and asthma filled with accessible charts and easy-to-reference information, this down-to-earth, commonsense guide is a must for every parent who wants their children to be full of energy and bursting with good health. index, glossary, resources. ...more</p>	<p><a href="#">Readable/Downloadable</a></p>
	<p><b>THE 90-MINUTE BABY SLEEP PROGRAM: FOLLOW YOUR CHILD'S NATURAL SLEEP RHYTHMS FOR BETTER NIGHTS AND NAPS</b></p> <p>for every parent who struggles with their baby's sleep (and for every parent who wishes their toddler had better sleep habits), finally a straightforward, all-natural solution to help baby get the sleep she needs both through the night and during the day. a sleep researcher with a ph.d. in neuroscience, dr. polly moore has created a simple, foolproof method based on the basic human rest and activity cycle (brac), which occurs every hour and a half. according to the brac, baby should go back for a nap a mere 90 minutes after waking up that's right: 90 minutes. the program is called n.a.p.s. note time when baby wakes up, add 90 minutes, play, feed, or pursue other activities, then, at the end of the 90 minutes, soothe baby back to sleep. when baby wakes up again, whether after a short or a long nap, start the cycle over. and, although it sounds counterintuitive, frequent napping actually helps baby sleep through the night. in a reassuring and accessible style, dr. moore explains how and why the program works; the benefits of napping a happier, healthier baby with a headstart on cognitive development and emotional intelligence; how to implement it for babies at various ages, from two weeks to a year; and how to use it to solve common sleep programs, such as a baby's need to be held, baby waking up too early in the morning, baby getting a second wind before bedtime, baby confusing day and night, and more. the wire-o-bound book includes a guided journal for recording baby's sleepy signals and sleep difficulties, a daily log for keeping track of baby's nap times, and space to note baby's milestones all peppered with humorous, inspirational quotes. ...more</p>	<p><a href="#">Readable/Downloadable</a></p>
	<p><b>A CHILD'S INTRODUCTION TO POETRY: LISTEN WHILE YOU LEARN ABOUT THE MAGIC WORDS THAT HAVE MOVED MOUNTAINS, WON BATTLES AND MADE US LAUGH AND CRY</b></p> <p>this wide-ranging journey through the history and highlights of the world's poetry covers everything from odes and epics to nonsense verse and haikus. the book encourages children to listen, read, and learn. full color illustrations.</p>	<p><a href="#">Readable/Downloadable</a></p>



### SCREEN-SMART PARENTING: HOW TO FIND BALANCE AND BENEFIT IN YOUR CHILD'S USE OF SOCIAL MEDIA, APPS, AND DIGITAL DEVICES

as a practicing child psychiatrist and mother of three, jodi gold has a unique understanding of both the mind-boggling benefits and the serious downsides of technology. dr. gold weaves together scientific knowledge and everyday practical advice to help you foster your child's healthy relationship to technology, from birth to the teen years. you'll learn: \*how much screen t as a practicing child psychiatrist and mother of three, jodi gold has a unique understanding of both the mind-boggling benefits and the serious downsides of technology. dr. gold weaves together scientific knowledge and everyday practical advice to help you foster your child's healthy relationship to technology, from birth to the teen years. you'll learn: \*how much screen time is too much at different ages. \*what your kids and teens are actually doing in all those hours online. \*how technology affects social, emotional, and cognitive development. \*which apps and games build smarts and let creativity shine. \*how your own media habits influence your children. \*what you need to know about privacy concerns, cyberbullying, and other dangers. \*ways to set limits that the whole family can live with. ...more

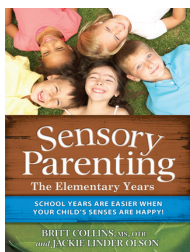
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### YOUR CHILD'S SELF-ESTEEM: STEP-BY-STEP GUIDELINES FOR RAISING RESPONSIBLE, PRODUCTIVE, HAPPY CHILDREN

step-by step guidelines for raising responsible, productive, happy children. self-image is your child's most important characteristic. how to help create strong feelings of self-worth is the central challenge for every parent and teacher. the formula for how is spelled out in your child's self-esteem. a member of phi beta kappa and other honoraries, dorothy corkille briggs step-by step guidelines for raising responsible, productive, happy children. self-image is your child's most important characteristic. how to help create strong feelings of self-worth is the central challenge for every parent and teacher. the formula for how is spelled out in your child's self-esteem. a member of phi beta kappa and other honoraries, dorothy corkille briggs has worked as a teacher of both children and adults; dean of girls; school psychologist; and marriage, family and child counselor during the last twenty-five years. since 1958 she has taught parent-education courses and training in communication and resolution of conflicts. ...more

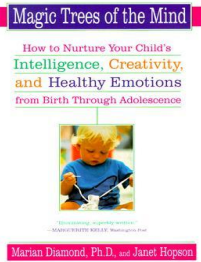
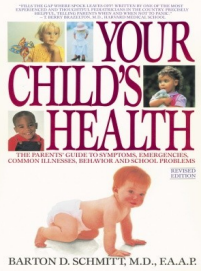
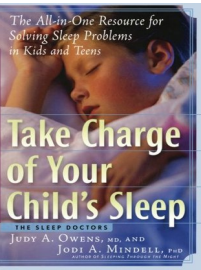
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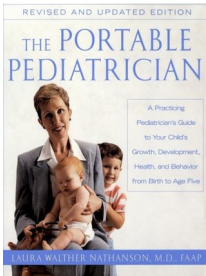
### SENSORY PARENTING - THE ELEMENTARY YEARS: SCHOOL YEARS ARE EASIER WHEN YOUR CHILD'S SENSES ARE HAPPY!

all of us have had a sensory issue at one time or another.maybe it's your neighbor's dog barking that bothers you or you can't stand the texture of cottage cheese.does it make you crazy to have a hat on your head?do you avoid the mall at peak shopping times so you don't have to be around crowds of people?these are common things that as adults we adapt to or avoid without g all of us have had a sensory issue at one time or another. maybe it's your neighbor's dog barking that bothers you or you can't stand the texture of cottage cheese. does it make you crazy to have a hat on your head? do you avoid the mall at peak shopping times so you don't have to be around crowds of people? these are common things that as adults we adapt to or avoid without giving them a second thought. what about your children's sensory sensitivities? what if you could make parenting easier and more fun by taking your child's senses into consideration? imagine the possibilities because you can! a child's sensory system affects their ability to learn, play, socialize and function. maybe a child isn't able to sit still in class because his shirt tag is bothering him. or a child isn't able to play with other children because his balance is off and other kids make him feel unstable and dizzy. maybe your child isn't just a picky eater – it could be that his sensory system needs some special guidance and adjusting. and with so much technology and choices of games out there, which ones are beneficial for your children to play? britt collins, m.s., otr/l and jackie linder-olson – an occupational therapist and parent team – have organized and combined parenting information along with sensory integration methods, tips and solutions. we've done our work, now it's your turn! we've made it easy and fun and will help you avoid a lot of unnecessary battles between you and your child. it's amazing how quickly our children adapt and the little adjustments that can make our days smoother. who knew that our sensory systems affect every aspect of our lives? we all do now. beginning with the age of five, britt and jackie walk parents through everyday situations and duties all the way through your child's elementary years. they explain the underlying reasons beneath your child's negative behaviors and the often simple fixes (sometimes not so easy, but steps that will lead you towards success). parenting can be less stressful when you're not struggling with your child's sensory systems. a child won't outgrow auditory processing issues or tactile defensiveness without addressing the child's needs. working together, you will find that parenting can be more enjoyable if you address or avoid certain sensory situations or prepare for them accordingly. we're here to help every step of the way! ...more

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	<p><b>MAGIC TREES OF THE MIND: HOW TO NUTURE YOUR CHILD'S INTELLIGENCE, CREATIVITY, AND HEALTHY EMOTIONS FROM BIRTH THROUGH ADOLESCENCE</b></p> <p>cutting edge scientific research has shown that exposure to the right kind of environment during the first years of life actually affects the physical structure of a child's brain, vastly increasing the number of neuron branches--the "magic trees of the mind"--that help us to learn, think, and remember. at each stage of development, the brain's ability to gain new skills a cutting edge scientific research has shown that exposure to the right kind of environment during the first years of life actually affects the physical structure of a child's brain, vastly increasing the number of neuron branches--the "magic trees of the mind"--that help us to learn, think, and remember. at each stage of development, the brain's ability to gain new skills and process information is refined.as a leading researcher at the university of california at berkeley, marion diamond has been a pioneer in this field of research. now, diamond and award-winning science writer janet hopson present a comprehensive enrichment program designed to help parents prepare their children for a lifetime of learning. ...more</p>	<p><a href="#">Readable/Downloadable</a></p>
	<p><b>YOUR CHILD'S HEALTH: THE PARENTS' GUIDE TO SYMPTOMS, EMERGENCIES, COMMON ILLNESSES, BEHAVIOR, AND SCHOOL PROBLEMS</b></p> <p>emergencies: --when to call your child's physician immediately -what to do in case of burns, bites, stings, poisoning, choking, and injuries common illnesses: -when it's safe to treat your child at home -step-by-step instructions on dealing with fever, infections, allergies, rashes, earaches, croup and other common ailments behavior problems: -proven strategies for colic, sleep d emergencies: --when to call your child's physician immediately -what to do in case of burns, bites, stings, poisoning, choking, and injuries common illnesses: -when it's safe to treat your child at home -step-by-step instructions on dealing with fever, infections, allergies, rashes, earaches, croup and other common ailments behavior problems: -proven strategies for colic, sleep disturbances, toilet training problems, thumbsucking, and the video game craze -no-nonsense discipline techniques for biting, temper tantrums, sibling fighting, and school refusal health promotion: from birth through adolescence: -essential advice on newborn baby care, nutrition, cholesterol testing, immunizations, and sex education -ways of preventing spoiled children, picky eaters, overeating, tooth decay, accidents, and homework problems ...more</p>	<p><a href="#">Readable/Downloadable</a></p>
	<p><b>TAKE CHARGE OF YOUR CHILD'S SLEEP: THE ALL-IN-ONE RESOURCE FOR SOLVING SLEEP PROBLEMS IN KIDS AND TEENS</b></p> <p>over 25 percent of all children—not just infants, but adolescents and high school students as well—experience various forms of sleep problems, from short-term difficulties with falling asleep and nightwalkings to long-term problems of sleep apnea and narcolepsy. give your child a good night's sleep is the first book to provide parents of older children with a comprehensive over 25 percent of all children—not just infants, but adolescents and high school students as well—experience various forms of sleep problems, from short-term difficulties with falling asleep and nightwalkings to long-term problems of sleep apnea and narcolepsy. give your child a good night's sleep is the first book to provide parents of older children with a comprehensive, accessible resource for understanding and solving their child's sleep problems. written by two of the country's foremost experts in pediatric sleep problems, owens and mindell explain the developmental importance of sleep at all ages, cover all of the common sleep issues parents may encounter, and offer age-specific recommendations for each problem discussed. give your child a good night's sleep is the essential, all-in-one resource for parents seeking to recognize, evaluate, prevent, and manage their school-aged children's sleep problems. ...more</p>	<p><a href="#">Readable/Downloadable</a></p>

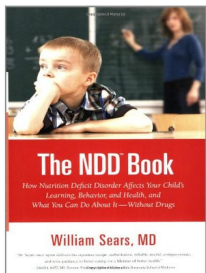




### **THE PORTABLE PEDIATRICIAN: A PRACTICING PEDIATRICIAN'S GUIDE TO YOUR CHILD'S GROWTH, DEVELOPMENT, HEALTH, AND BEHAVIOR FROM BIRTH TO AGE FIVE**

dr. laura nathanson wrote the portable pediatrician to help parents find the joy in parenting and gain the confidence to quickly and easily assess their child's development, medical symptoms, and behavioral problems. parents can't always visit their pediatrician every time they have a question, but fortunately with this book they have the next best thing. the portable pedia dr. laura nathanson wrote the portable pediatrician to help parents find the joy in parenting and gain the confidence to quickly and easily assess their child's development, medical symptoms, and behavioral problems. parents can't always visit their pediatrician every time they have a question, but fortunately with this book they have the next best thing. the portable pediatrician, one of the few child-care books written by a practicing pediatrician, offers authoritative and practical advice on: keeping up with, or even one step ahead of, your child's rapidly changing needs setting limits before the one year birthday planning the arrival of the next baby in the family coping with your own as well as with your child's separation anxiety dealing with the four i's: illnesses, injuries, immunizations, and insurance coverage getting prompt medical attention for serious crises -- and what to do in the meantime preventing childhood obesity and eating disorders later confronting complex behavior and medical problems, including add, autism, asthma, oppositional behavior (including potty resistance) ...more

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### **THE N D D BOOK: HOW NUTRITION DEFICIT DISORDER AFFECTS YOUR CHILD'S LEARNING, BEHAVIOR, AND HEALTH, AND WHAT YOU CAN DO ABOUT IT--WITHOUT DRUGS**

the sears parenting library's latest addition is an exploration of how nutrition affects the brains and behavior of youngsters. n.d.d., or nutrition deficit disorder, as coined by dr. bill sears, is based on the idea that if "you put junk food into a child's brain, you get back junk behavior and learning." dr. sears will explore the latest scientific research on the effect the sears parenting library's latest addition is an exploration of how nutrition affects the brains and behavior of youngsters. n.d.d., or nutrition deficit disorder, as coined by dr. bill sears, is based on the idea that if "you put junk food into a child's brain, you get back junk behavior and learning." dr. sears will explore the latest scientific research on the effects of nutrition on the brain. he will present case studies of his own patients who were diagnosed as "n.d.d." and showed major improvement in learning and behavior with diet change. instead of simply medicating his patients, dr. sears looked for a better solution--in fact, with better nutrition, many of his patients were able to greatly reduce or even stop their medication. the book will also provide parents with a prescription, shopping and meal tips, and recipes to make implementing a healthier lifestyle that much easier. the n.d.d. book will be a must-have for all parents who want to help their children become healthier, happier, and better prepared to learn. ...more

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