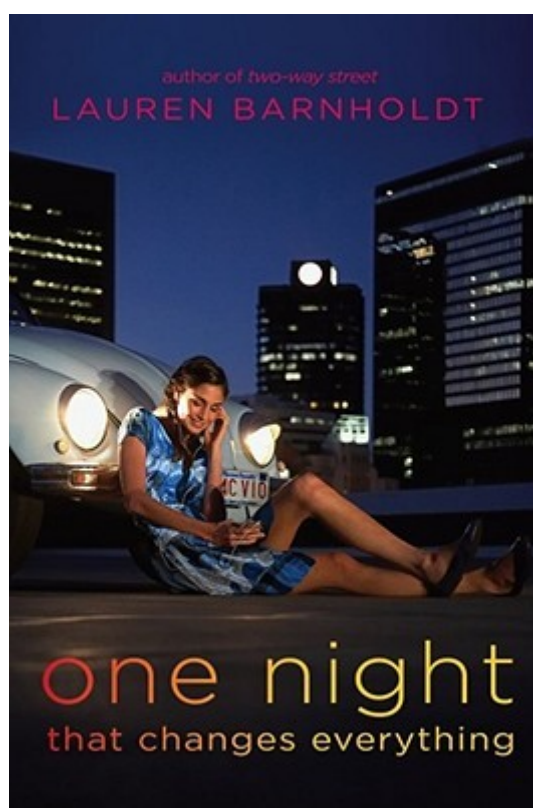


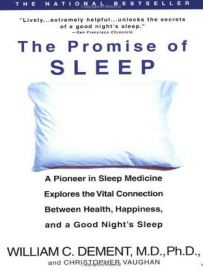
ONE NIGHT THAT CHANGES EVERYTHING (ONE NIGHT THAT CHANGES EVERYTHING)

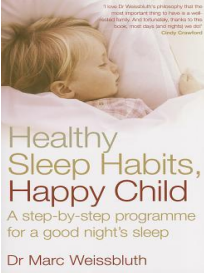


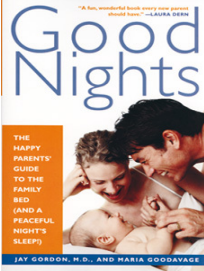
Get free ebook for one night that changes everything (one night that changes everything) by lauren barnholdt eliza is in a full-blown panic. her notebook has been stolen—the one that lists everything she wants but is afraid to go after. and the absolute worst person in the world has it: her ex-boyfriend, cooper. like it's not enough cooper was lying to eliza for their entire relationship, now he and his friends are blackmailing her. they're giving her just one night to complete th eliza is in a full-blown panic. her notebook has been stolen—the one that lists everything she wants but is afraid to go after. and the absolute worst person in the world has it: her ex-boyfriend, cooper. like it's not enough cooper was lying to eliza for their entire relationship, now he and his friends are blackmailing her. they're giving her just one night to complete the most humiliating tasks on her list or they'll post her secrets online—including the ones that aren't just about her. eliza's sure of only one thing: she isn't going down without a fight. cooper may have what's left of her dignity, but she's not the only one with something to hide ... a hilarious and sweet teen novel by lauren barnholdt, the author of two-way

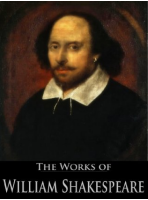
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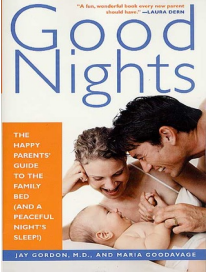


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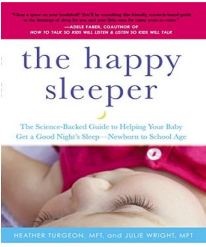
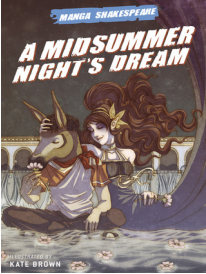
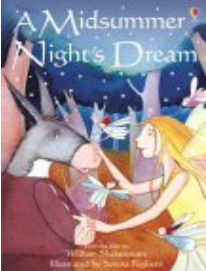
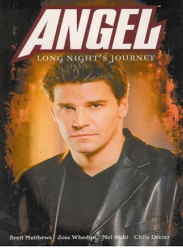
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	<p>DRAGONLANCE CHRONICLES: "DRAGONS OF AUTUMN TWILIGHT," "DRAGONS OF WINTER NIGHT," "DRAGONS OF SPRING (DRAGONLANCE: CHRONICLES #1-3)</p> <p>collects the books that began the 'dragonlance' saga. this title is suitable for readers who like the fantasy world of krynn. dragons. creatures of legend. stories told to children. but now dragons have returned to krynn. the darkness of war and destruction engulfs the land. more than three million readers have witnessed the return of the dragons. and now the books that began collects the books that began the 'dragonlance' saga. this title is suitable for readers who like the fantasy world of krynn. dragons. creatures of legend. stories told to children. but now dragons have returned to krynn. the darkness of war and destruction engulfs the land. more than three million readers have witnessed the return of the dragons. and now the books that began the best-selling dragonlance saga are collected in their entirety in this special edition. new readers and old friends can travel with the unlikely band of heroes who seek the restoration of balance in their lives and in their world.</p> <p>...more</p>	<p>Readable/Downloadable</p>
	<p>THE PROMISE OF SLEEP: A PIONEER IN SLEEP MEDICINE EXPLORES THE VITAL CONNECTION BETWEEN HEALTH, HAPPINESS, AND A GOOD NIGHT'S SLEEP</p> <p>sleep better, live longer with the groundbreaking information and step-by-step program in this revolutionary book. healthful sleep has been empirically proven to be the single most important factor in predicting longevity, more influential than diet, exercise, or heredity. and yet we are a sleep-sick society, ignorant of the facts of sleep--and the price of sleep deprivation sleep better, live longer with the groundbreaking information and step-by-step program in this revolutionary book. healthful sleep has been empirically proven to be the single most important factor in predicting longevity, more influential than diet, exercise, or heredity. and yet we are a sleep-sick society, ignorant of the facts of sleep--and the price of sleep deprivation. in this groundbreaking book, based on decades of study on the frontiers of sleep science, dr. william dement, founder and director of the stanford university sleep research center, explains what happens when we sleep, when we don't, and how we can reclaim the most powerful--and underrated--health miracle of all. taking us on a fascinating tour of our sleeping body and mind, dr. dement reveals the price we have paid for ignoring sleep--an epidemic of heart disease, 33 percent of traffic-fatigue-related accidents, and immeasurable mental and psychological disadvantages. and he offers a hands-on prescription for vibrant good health and longevity, including...self-tests to determine how much sleep you really need.the role of prescription and over-the-counter sleeping aids.the latest research on how sleep affects the immune system.how to combat insomnia, snoring, and jet lag.plus information on sleep disorder clinics nationwide, web sites, and more. taking readers on a fascinating tour of our sleeping body and mind, dr. william c. dement reveals the price paid for ignoring sleep--an epidemic of heart disease, traffic-fatigue-related accidents (responsible for a full third of all traffic accidents), and immeasurable mental and psychological disadvantages. offering a hands-on prescription for vibrant good health and longevity, the promise of sleep includes self-tests to determine how much sleep you really need, full information on the role of prescription and over-the-counter sleeping aids, the latest research on how sleep affects the immune system, helpful methods for combating insomnia, snoring, and jet lag, plus information on sleep disorder clinics nationwide, sleep disorder web sites, and more. --> .more</p>	<p>Readable/Downloadable</p>


	<p>HEALTHY SLEEP HABITS, HAPPY CHILD: A STEP-BY-STEP PROGRAMME FOR A GOOD NIGHT'S SLEEP</p> <p>in this completely revised and expanded edition, dr marc weissbluth - a leading paediatrician - updates his groundbreaking approach to solving and preventing children's sleep problems, from infancy through to adolescence. in healthy sleep habits, happy child he explains with authority and reassurance his step-by-step regime for parents for instituting beneficial habits with in this completely revised and expanded edition, dr marc weissbluth - a leading paediatrician - updates his groundbreaking approach to solving and preventing children's sleep problems, from infancy through to adolescence. in healthy sleep habits, happy child he explains with authority and reassurance his step-by-step regime for parents for instituting beneficial habits within the framework of their child's natural sleep cycles. this valuable sourcebook outlines the best course of action for sleep problems: prevention and treatment; reveals the common mistakes parents make to get their children to sleep; helps stop the crybaby syndrome, nightmares and bedwetting and provides new material on: - how to handle 'nap-resistant' kids and when to start sleep training - help for working mums and children with sleep issues - the father's role in comforting children - the benefits and drawbacks of allowing kids to sleep in the family bed and much more. rest is vital to children's health, growth and development. healthy sleep habits, happy child outlines proven strategies that ensure good, healthy sleep for every age. ...more</p>	<p>Readable/Downloadable</p>
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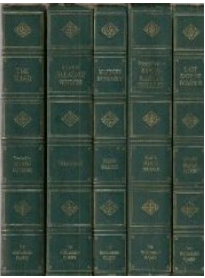
	<p>GOOD NIGHTS: THE HAPPY PARENTS' GUIDE TO THE FAMILY BED (AND A PEACEFUL NIGHT'S SLEEP!) (PAPERBACK)</p> <p>more than ever, new parents are bringing their babies into their beds, but ironically, many of these parents feel alone in doing so. with warmth and humor, good nights brings the family bed out of the closet, and gives expert answers to parents common questions on everything from safety to sound sleep to sex. good nights also offers easy-to-tailor advice on when and how to more than ever, new parents are bringing their babies into their beds, but ironically, many of these parents feel alone in doing so. with warmth and humor, good nights brings the family bed out of the closet, and gives expert answers to parents common questions on everything from safety to sound sleep to sex. good nights also offers easy-to-tailor advice on when and how to move children into their own beds, and reasoned responses and snappy comebacks for critics. the authors build their case for the family bed on new scientific research, which has uncovered a wealth of advantages for babies who share their parents bed. among these benefits are possible protection from sids, andparadoxically more independence later in life. with its perfect blend of science and common sense, good nights is poised to become the new best friend and must-have accessory of all new parents. ...more</p>	<p>Readable/Downloadable</p>
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	<p>THE COMPLETE WORKS AND APOCRYPHA OF WILLIAM SHAKESPEARE: A MIDSUMMER NIGHT'S DREAM, HAMLET, ROMEO AND JULIET AND MORE (52 PLAYS, 154 SONNETS AND MORE)</p> <p>this collection gathers together the works by william shakespeare in a single, convenient, high quality, and extremely low priced kindle volume! the comedies of william shakespeare a midsummer night's dream all's well that ends well as you like it love's labour 's lost measure for measure much ado about nothing the comedy of errors the merchant of venice the merry wives of windsor th this collection gathers together the works by william shakespeare in a single, convenient, high quality, and extremely low priced kindle volume! the comedies of william shakespeare a midsummer night's dream all's well that ends well as you like it love's labour 's lost measure for measure much ado about nothing the comedy of errors the merchant of venice the merry wives of windsor the taming of the shrew the two gentlemen of verona twelfth night; or, what you will the romances of william shakespeare cymbeline pericles, prince of tyre the tempest the winter's tale the tragedies of william shakespeare king lear romeo and juliet the history of troilus and cressida the life and death of julius caesar the life of timon of athens the tragedy of antony and cleopatra the tragedy of coriolanus the tragedy of hamlet, prince of denmark the tragedy of macbeth the tragedy of othello, the moor of venice titus andronicus the histories of william shakespeare the life and death of king john the life and death of king richard the second the tragedy of king richard the third the first part of king henry the fourth the second part of king henry the fourth the life of king henry v the first part of king henry the sixth the second part of king henry the sixth the third part of king henry the sixth the life of king henry the eighth the poetical works of william shakespeare the sonnets sonnets to sundry notes of music a lover's complaint the rape of lucrece venus and adonis the phoenix and the turtle the passionate pilgrim the complete shakespeare apocrypha a yorkshire tragedy. not so new as lamentable and true mucedorus pericles, prince of tyre sir thomas more the birth of merlin or the childe hath found his father the comedie of faire em the lamentable tragedy of loocrine the life and death of the lord cromwell the life of sir john oldcastle the london prodigal the merry devil of edmonton the puritan, or the widow of watling-street the reign of king edward the third the second maiden's tragedy the two noble kinsmen about the author: shakespeare's work has made a lasting impression on later theatre and literature. in particular, he expanded the dramatic potential of characterisation, plot, language, and genre. until romeo and juliet, for example, romance had not been viewed as a worthy topic for tragedy. soliloquies had been used mainly to convey information about characters or events; but shakespeare used them to explore characters' minds. his work heavily influenced later poetry. the romantic poets attempted to revive shakespearean verse drama, though with little success. critic george steiner described all english verse dramas from coleridge to tennyson as "feeble variations on shakespearean themes." shakespeare influenced novelists such as thomas hardy, william faulkner, and charles dickens. the american novelist herman melville's soliloquies owe much to shakespeare; his captain ahab in moby-dick is a classic tragic hero, inspired by king lear. scholars have identified 20,000 pieces of music linked to shakespeare's works. these include two operas by giuseppe verdi, othello and falstaff, whose critical standing compares with that of the source plays. ...more</p>	<p>Readable/Downloadable</p>
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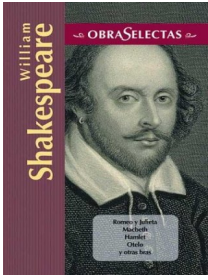
	<p>GOOD NIGHTS: THE HAPPY PARENTS' GUIDE TO THE FAMILY BED (AND A PEACEFUL NIGHT'S SLEEP!)</p> <p>your baby sleeps in your bed, and you love it. except for those nagging worries about safety. ("she's so small, i'm so big!") and what your relatives are saying. ("she'll never leave your bed!") and that little foot that always ends up on your face. worry no more! good nights puts your concerns about the family bed to rest, with fun and easy-to-use guidance on safety, copin your baby sleeps in your bed, and you love it. except for those nagging worries about safety. ("she's so small, i'm so big!") and what your relatives are saying. ("she'll never leave your bed!") and that little foot that always ends up on your face. worry no more! good nights puts your concerns about the family bed to rest, with fun and easy-to-use guidance on safety, coping with criticism, and even keeping the spark in your marriage (albeit outside the bedroom). with warmth and humor, dr. jay gordon, a nationally recognized pediatrician who has endorsed the family bed for decades, and maria goodavage, a former usa today staff writer with training in sleep research, give you everything you'll need in order to thrive - and at times, simply survive - with the family bed. good nights provides a comprehensive look at: - scientific research - science is uncovering a wealth of advantages, including possible protection from sids, for babies who share their parents' bed. - surprising benefits - parents of young babies get much more sleep with the family bed! and little ones who spend time sleeping next to parents end up more independent (you read that right!) and closer to their parents than their cribbed peers. - safety - the authors give simple-to-follow advice on how to make your family bed at least as safe as a crib. - sound sleep - yes, it can be had. good nights lets you know how to overcome the obstacles. - sex - ditto. - saying good-bye - your child really will leave your bed! good nights helps you help your child move on when the time is right. if you're among the record number of parents turning to the family bed, turn to good nights. it's a bedside companion you won't want to be without. ...more</p>	<p>Readable/Downloadable</p>
	<p>MIDSUMMER NIGHT'S DREAM: MIDSOMMER NIGHTS DREAME (SHAKESPEAREAN ORIGINALS - FIRST EDITIONS)</p> <p>the shakespearean originals series takes as its point of departure the question: "what is it that we read shakespeare?" the answer may seem self-evident: we read the words that shakespeare wrote. but do we? in the case of all the major editions of shakespeare available in the market, the fact of the matter is that many of the words that we read in an edition of, say, hamle the shakespearean originals series takes as its point of departure the question: "what is it that we read shakespeare?" the answer may seem self-evident: we read the words that shakespeare wrote. but do we? in the case of all the major editions of shakespeare available in the market, the fact of the matter is that many of the words that we read in an edition of, say, hamlet, never appeared in the text as it was printed during or shortly after shakespeare's own lifetime. they are the interpretations and interpolations of a series of editors who have been systematically changign shakespeare's text from the eighteenth century onwards. series has caused much debate, interest and favorable reviews within the academic community. each volume in the series follows the same format and is produced to the same design. students, researchers, teachers of literary studies and shakepeare studies. a harvester wheatsheaf book ...more</p>	<p>Readable/Downloadable</p>
	<p>MIDSUMMER NIGHT'S MAGIC: A CHILDREN OF THE EARTH NOVELLA (CHILDREN OF THE EARTH #1)</p> <p>when librarian janet porter's car breaks down one moonlit night in the backwoods of north carolina, the last thing she expects to find is her former lover, who'd been missing for the last fourteen years-unchanged from the young man he'd once been. to save him and reclass="buttons"> more details... original title crimson hero, volume 4 isbn 1421505789 (isbn13: 9781421505787) edition language english series crimson hero #4 other editions (3) all editions add a new edition combine .less detail edit details</p>	<p>Readable/Downloadable</p>

	<p>THE HAPPY SLEEPER: THE SCIENCE-BACKED GUIDE TO HELPING YOUR BABY GET A GOOD NIGHT'S SLEEP-NEWBORN TO SCHOOL AGE</p> <p>many parents feel pressured to "train" babies and young children to sleep. but kids don't need to be trained to sleep—they're built to sleep. sleep issues arise when parents (with the best of intentions) overhelp of "helicopter parent" at night—overshadowing their baby's innate biological ability to sleep well. in the happy sleeper, child sleep experts heather turgeon and many parents feel pressured to "train" babies and young children to sleep. but kids don't need to be trained to sleep—they're built to sleep. sleep issues arise when parents (with the best of intentions) overhelp of "helicopter parent" at night—overshadowing their baby's innate biological ability to sleep well. in the happy sleeper, child sleep experts heather turgeon and julie wright show parents how to be sensitive and nurturing, but also clear and structured so that babies and young children develop the self-soothing skills they need in order to: - fall asleep independently - sleep through the night - take healthy naps - grow into natural, optimal sleep patterns for day and night the happy sleeper is a research-based guide to helping children do what comes naturally—sleep through the night. ...more</p>	<p>Readable/Downloadable</p>
	<p>MANGA SHAKESPEARE: A MIDSUMMER NIGHT'S DREAM (MANGA SHAKESPEARE)</p> <p>the latest in the breakout series manga shakespeare, introducing teens to a new kind of bard. in one of shakespeare's funniest, most enduring stories, meddling fairies create unexpected love triangles among a group of teenagers. hermia is in love with lysander. demetrius is in love with hermia. helena is in love with demetrius. add to the mix puck, a fairy with a powerful love potion, and chaos is sure to follow. now everyone's in love with helena, hermia is hopping mad, and the fairy queen titania is in love with a man with a donkey's head! using the style and visual language of manga, kate brown transforms shakespeare's world into something new and vibrant. it's the perfect introduction to shakespeare's work for reluctant readers and manga fans alike. f&p level: z ...more</p>	<p>Readable/Downloadable</p>
	<p>A MIDSUMMER NIGHT'S DREAM BASED ON THE PLAY BY WILLIAM SHAKESPEARE (USBORNE YOUNG READING - SERIES TWO)</p> <p>an entertaining retelling of one of shakespeare's best-loved comedies, beautifully illustrated by serena riglietti. - young readers will treasure this gift edition, which is published in hardback with a ribbon marker. - the young reading series is designed to encourage independent reading and covers a range of subject matter, including the retelling of children's classics, an entertaining retelling of one of shakespeare's best-loved comedies, beautifully illustrated by serena riglietti. - young readers will treasure this gift edition, which is published in hardback with a ribbon marker. - the young reading series is designed to encourage independent reading and covers a range of subject matter, including the retelling of children's classics, fairytales, and a wide variety of narrative non-fiction. ...more</p>	<p>Readable/Downloadable</p>
	<p>ANGEL: LONG NIGHT'S JOURNEY (ANGEL COMIC #8 ANGEL SEASON 2)</p> <p>angel searches for a kidnapped child and stumbles upon a force of unspeakable evil and unimaginable power. it seems some insidious character has an old bone to pick with l.a.'s resident vampire detective. now angel must go toe to toe with some of the toughest monsters around. artist mel rubi takes us from the darkened mean streets of los angeles, to the dizzying heights of angel searches for a kidnapped child and stumbles upon a force of unspeakable evil and unimaginable power. it seems some insidious character has an old bone to pick with l.a.'s resident vampire detective. now angel must go toe to toe with some of the toughest monsters around. artist mel rubi takes us from the darkened mean streets of los angeles, to the dizzying heights of the city's skyscrapers, and face to face with some of the strangest, most grotesque, and most unsettlingly seductive creatures angel has ever faced. brett matthews and angel creator joss whedon have retooled and reinvented angel, giving us a story that is much too big for the small screen. ...more</p>	<p>Readable/Downloadable</p>

	<p>NEUTRONIUM ALCHEMIST PART II (PEANUT PRESS) CONFLICT (NIGHT'S DAWN #2, PART 2 OF 2)</p> <p>the souls of those long dead are entering the universe at an alarming rate. stealing the bodies of the living, they are grouping together into powerful consortiums led by leaders from history. an increasingly desperate confederation navy is struggling to stem the tide as the race for the universe's most powerful weapon begins. but if the dead can return to life, who will b the souls of those long dead are entering the universe at an alarming rate. stealing the bodies of the living, they are grouping together into powerful consortiums led by leaders from history. an increasingly desperate confederation navy is struggling to stem the tide as the race for the universe's most powerful weapon begins. but if the dead can return to life, who will be the ultimate victors? ...more</p>	<p>Readable/Downloadable</p>
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	<p>SELECTIONS FROM THE ARABIAN NIGHTS: "THE THOUSAND NIGHTS AND A NIGHT" WITH MODERNIZED SPELLING AND PUNCTUATION</p> <p>full of mischief, valor, ribaldry, and romance, the arabian nights has enthralled readers for centuries. these are the tales that saved the life of shahrazad, whose husband, the king, executed each of his wives after a single night of marriage. beginning an enchanting story each evening, shahrazad always withheld the ending: a thousand and one nights later, her life was sp full of mischief, valor, ribaldry, and romance, the arabian nights has enthralled readers for centuries. these are the tales that saved the life of shahrazad, whose husband, the king, executed each of his wives after a single night of marriage. beginning an enchanting story each evening, shahrazad always withheld the ending: a thousand and one nights later, her life was spared forever. this volume reproduces the 1932 modern library edition, for which bennett a. cerf chose the most famous and representative stories from sir richard f. burton's multivolume translation, and includes burton's extensive and acclaimed explanatory notes. these tales, including alaeddin; or, the wonderful lamp, sinbad the seaman and sinbad the landsman, and ali baba and the forty thieves, have entered into the popular imagination, demonstrating that shahrazad's spell remains unbroken. ...more</p>	<p>Readable/Downloadable</p>
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	<p>THE BROTHERS WROTH: THE WARLORD WANTS FOREVER, NO REST FOR THE WICKED, DARK NEEDS AT NIGHT'S EDGE, UNTOUCHABLE</p> <p>an exclusive kresley cole ebook box set featuring her new york times bestselling immortals after dark titles! includes the warlord wants forever, no rest for the wicked, dark needs at night's edge, and untouchable. the warlord wants forever (immortals after dark #1) nikolai wroth, once a ruthless human warlord in the 1700s and now a general in the rebel vampire army, needs t an exclusive kresley cole ebook box set featuring her new york times bestselling immortals after dark titles! includes the warlord wants forever, no rest for the wicked, dark needs at night's edge, and untouchable. the warlord wants forever (immortals after dark #1) nikolai wroth, once a ruthless human warlord in the 1700s and now a general in the rebel vampire army, needs to find his bride, the one woman who can render him truly alive. as a turned human, he doesn't enjoy a heartbeat or breathing and is consequently weaker than fully blooded vampires. he wants his bride for the power she will bring him and can hardly believe it when his heart beats for myst the coveted, a mad, fey, mythological creature. she eludes him for five years, but he has finally chased her to ground and stolen the jewel which commands her, giving him absolute power over her. while he possesses it, he can make her do anything, and he plans to in order for her to experience firsthand the agonizing, unending lust she'd purposely subjected him to for half a decade. yet when wroth realizes he wants more from her and frees her, will she come. no rest for the wicked (immortals after dark #3 a vampire soldier weary of life... centuries ago, sebastian wroth was turned into a vampire - a nightmare in his mind - against his will. burdened with hatred and alone for ages, he sees little reason to live. until an exquisite, fey creature comes to kill him, inadvertently saving him instead. a valkyrie assassin dispatched to destroy him. when kaderin the cold hearted lost her two beloved sisters to a vampire attack long ago, a benevolent force deadened her sorrow - accidentally extinguishing all of her emotions. yet whenever she encounters sebastian, her feelings - particularly lust - emerge multiplied. for the first time, she's unable to complete a kill. competitors in a legendary hunt. the prize of the month-long contest is powerful enough to change history, and kaderin will do anything to win it for her sisters. wanting only to win her, forever, sebastian competes as well, taking every opportunity - as they travel to ancient tombs and through catacombs, seeking relics around the world - to use her new feelings to seduce her. but when forced to choose between the vampire she's falling for and reuniting her family, how can kaderin live without either? dark needs at night's edge (immortals after dark #5) a raven haired temptress of the dark. néomi laress, a famous ballerina from a past century, became a phantom the night she was murdered. imbued with otherworldly powers but invisible to the living, she haunts her beloved home, scaring away trespassers - until she encounters a ruthless immortal even more terrifying than néomi herself. a vampire warrior consumed by madness. to prevent him from harming others, conrad wroth's brothers imprison him in an abandoned manor. but there, a female only he can see seems determined to drive him further into madness. the exquisite creature torments him with desire, leaving his body racked with lust and his soul torn as he finds himself coveting her for his own. how far will he go to claim her? yet even if conrad can win néomi, evil still surrounds her. once he returns to the brutality of his past to protect her, will he succumb to the dark needs seething inside him? untouchable (immortals after dark #8) #1 new york times bestselling author kresley cole delivers a breathtaking tale of a brutal vampire soldier about to know love for the first time. and a valkyrie aching for his touch. murdoch wroth will stop at nothing to claim daniela - the delicate valkyrie who makes his heart beat for the first time in three hundred years. yet the exquisite daniil is part ice fey, and her freezing skin can't be touched by anyone but her own kind without inflicting pain beyond measure. can they conquer an agony of frustration and slake the overwhelming desire burning between them? .more</p>	<p>Readable/Downloadable</p>
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ROMEO Y JULIETA/MACBETH/HAMLET/OTELO/LA FIERECILLA DOMADO/EL SUEÑO DE UNA NOCHE DE VERANO/ EL MERCADER DE VENECIA (ROMEO AND JULIET/MACBETH/HAMLET/OTHELLO/THE TAMING OF THE SHREW/A MIDSUMMER NIGHT'S DREAM/THE MERCHANT OF VENICE)

includes macbeth, the merchant of venice, a midsummer night's dream, othello, romeo and juliet, and the taming of the shrew.

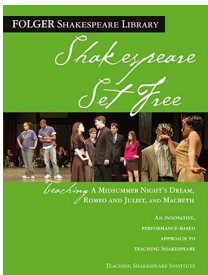
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THE BABY SLEEP BOOK: THE COMPLETE GUIDE TO A GOOD NIGHT'S REST FOR THE WHOLE FAMILY

america's favorite pediatric experts turn their attention to solving babies' sleep problems in a definitive book that offers immediate results. a comprehensive, reassuring, solution-filled sleep resource, this guide shows parents how to match the nighttime temperament of their baby to their own lifestyle, and provides practical tools parents need to help the entire family america's favorite pediatric experts turn their attention to solving babies' sleep problems in a definitive book that offers immediate results. a comprehensive, reassuring, solution-filled sleep resource, this guide shows parents how to match the nighttime temperament of their baby to their own lifestyle, and provides practical tools parents need to help the entire family sleep better. ...more

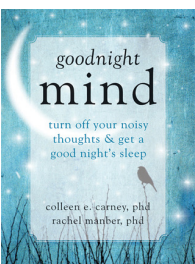
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SHAKESPEARE SET FREE: TEACHING A MIDSUMMER NIGHT'S DREAM, ROMEO AND JULIET, AND MACBETH

this third volume of the "shakespeare set free" series is written by institute faculty and participants. the volume sparkles with fine recent scholarship and the wisdom and wit of real classroom teachers in all kinds of schools all over the united states. in this book, you'll find: clear and provocative essays written by leading scholars to refresh the teacher and challenge this third volume of the "shakespeare set free" series is written by institute faculty and participants. the volume sparkles with fine recent scholarship and the wisdom and wit of real classroom teachers in all kinds of schools all over the united states. in this book, you'll find: clear and provocative essays written by leading scholars to refresh the teacher and challenge older students successful and plainly understandable techniques for teaching through performance ways to teach shakespeare that successfully engage students of every grade and ability level in exploring shakespeare's language and the magical worlds of the plays day-by-day teaching strategies for "twelfth night" and "othello"-- created, taught, written, and edited by teachers with real voices in real classrooms. ...more

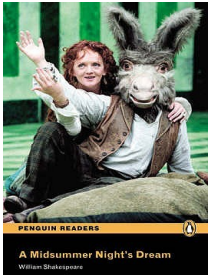
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GOODNIGHT MIND: TURN OFF YOUR NOISY THOUGHTS AND GET A GOOD NIGHT'S SLEEP

do you find yourself lying awake at night, ruminating about the events of the day? do you toss and turn, worrying about what you have to do in the morning or what you did earlier in the day? if so, you are not alone. in fact, insomnia is the most common sleep disorder faced by the general population today. the most common complaint in those who have trouble sleeping is hav do you find yourself lying awake at night, ruminating about the events of the day? do you toss and turn, worrying about what you have to do in the morning or what you did earlier in the day? if so, you are not alone. in fact, insomnia is the most common sleep disorder faced by the general population today. the most common complaint in those who have trouble sleeping is having a "noisy mind." sometimes, no matter how hard you try, it seems like you cannot silence all the internal dialogue. so what do you do when your mind is spinning and your thoughts just won't stop? accessible, enjoyable, and grounded in evidence-based cognitive behavioral therapy (cbt), goodnight mind directly addresses the effects of rumination—or having an overactive brain—on your ability to sleep well. written by two psychologists who specialize in sleep disorders, the book contains helpful exercises and insights into how you can better manage your thoughts at bedtime, and finally get some sleep. traditional treatment for insomnia is usually focused on medications that promote sedation rather than on the behavioral causes of insomnia. unfortunately, medication can often lead to addiction, and a host of other side effects. this is a great book for anyone who is looking for effective therapy to treat insomnia without the use of medication. this informative, small-format book is easy-to-read and lightweight, making it perfect for late-night reading. ...more

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A MIDSUMMER NIGHT'S DREAM, BOOK & CD (PENGUIN LONGMAN READER LEVEL 3)

classic / british english this wonderful story of fairies, dreams and lovers is as popular today as it was in shakespeare's time. in a wood outside athens, four young people are following their dreams, while fairies play strange games with them. their world seems unreal -- but is it really very different from our own?

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