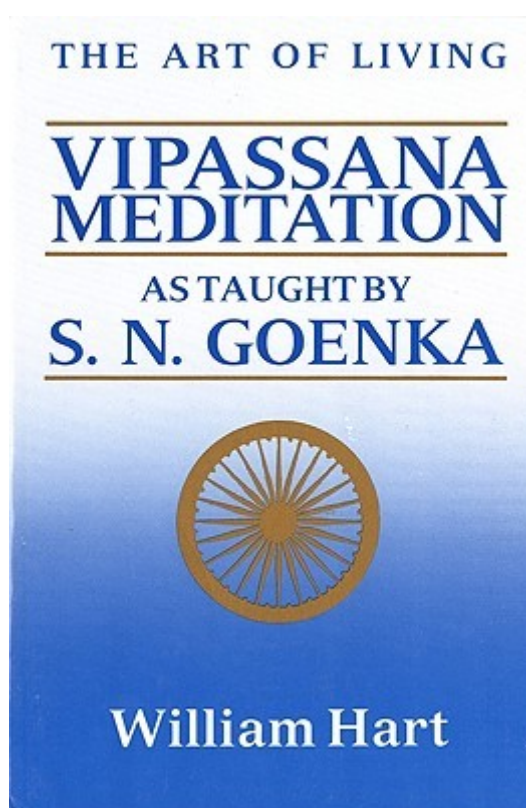


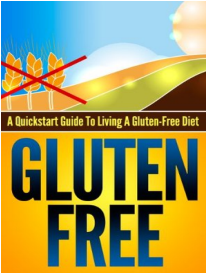
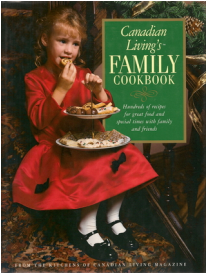
**THE ART OF LIVING: VIPASSANA MEDITATION: AS
TAUGHT BY S N GOENKA**


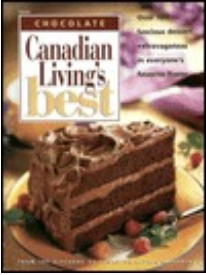

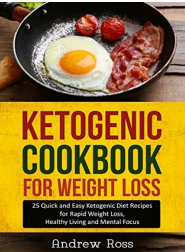


Read and download ebook for the art of living: vipassana meditation: as taught by s n goenka by william hart the ancient meditation technique that brings real peace of mindvipassand-bhavand, "the development of insight," embodies the essence of the teaching of the buddha. as taught by s. n. goenka, this path to self-awareness is extraordinary in its simplicity, its lack of dogma and, above all, its results. the vipassana technique can be successfully applied by anyone. based on th the ancient meditation technique that brings real peace of mindvipassand-bhavand, "the development of insight," embodies the essence of the teaching of the buddha. as taught by s. n. goenka, this path to self-awareness is extraordinary in its simplicity, its lack of dogma and, above all, its results. the vipassana technique can be successfully applied by anyone. based on the lectures and writings of s. n. goenka--and prepared under his direct guidance--the art of living shows how this technique can be used to solve problems, develop unused potential, and lead a peaceful, productive life. it includes stories by s. n. goenka, as well as answers to students' questions, that convey a vivid sense of his

teaching. s. n. goenka's vipassana courses have attracted thousands of people of every background. unique among teachers of meditation, goenka is a retired industrialist and former leader of the indian community in burma. although a layman, his teaching has won the approval of senior buddhist monks in burma, india, and sri lanka, a number of whom have taken courses under his guidance. despite his magnetism, he has no wish to be a "guru" --instead he teaches self-responsibility. this is the first systematic study of his teachings to appear in english. ...more

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Cover	Title & Description	Status
	<p>GLUTEN-FREE: A QUICKSTART GUIDE TO LIVING A GLUTEN-FREE DIET (GLUTEN-FREE, WHEAT-FREE, WHEAT-FREE DIET, GLUTEN FREE DIET, GLUTEN FREE FOOD, GLUTEN-FREE RECIPES, WHEAT BELLY)</p> <p>gluten-free: a quickstart guide to living a gluten-free diet is gluten free for me? lady gaga, miley cyrus, drew bree, and chelsea clinton are all doing it ... people are talking about the gluten-free diet everywhere you go and even some of your favorite restaurants are now offering a separate gluten-free menu. what's it all about? is this for you? if you haven't been feel gluten-free: a quickstart guide to living a gluten-free diet is gluten free for me? lady gaga, miley cyrus, drew bree, and chelsea clinton are all doing it ... people are talking about the gluten-free diet everywhere you go and even some of your favorite restaurants are now offering a separate gluten-free menu. what's it all about? is this for you? if you haven't been feeling well or something "just doesn't seem right" it could be the fact that you are ingesting so much gluten these days. gluten, in one form or another, is not just in breads; it is a filler for all sorts of packaged foods, medicines, make-up and hair products. gluten has been linked to a long list of symptoms and reactions; most of which appear to be totally unrelated to food. in short, it's hard to find, it's in almost everything, it can make you very sick, rob you of your energy and cause many other negative effects on your health -yet most people don't suspect a thing. here is a preview of what you'll learn... how do i know if it affects me? how do i eat gluten-free? where, do i start? gluten and the traveler where is the fda in all of this? what if i can't stick to the diet? a handful of tips click the buy button and begin reading gluten-free: a quickstart guide to living a gluten-free diet today! check out what others are saying. "i don't usually give out 5 stars but this book was deserving. i have been interested in learning about gluten and how it affects me. this book does an amazing job at explaining the facts about gluten and how to adapt your lifestyle around it. highly recommended!" "very clear and specific introduction to a complex subject. covers definitions as well as what to avoid when shopping, how to adjust you kitchen and sources of further information and support. includes bonus to get free info about the subject. a low cost introduction that i recommend to anyone who wants to try this dietary change to see how it may affect troubling symptoms." download your copy today! tags: gluten-free, gluten-free diet, gluten-free recipes, wheat-free, wheat-free diet, wheat belly, weight loss .more</p>	<p>Readable/Downloadable</p>
	<p>CANADIAN LIVING'S FAMILY COOKBOOK</p> <p>"over 200 recipes for everyday meals and special occasions throughout the year"</p>	<p>Readable/Downloadable</p>

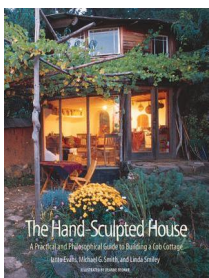
	<p>CANADIAN LIVING'S COUNTRY COOKING slow-simmering soups, comforting stews chock-full of garden-fresh vegetables, succulent roast chicken and bubbling fruit pies... these are the tastes that come to mind when we think of country cooking. now canadian living re-creates these well-loved, satisfying dishes in this glorious full-colour cookbook featuring over 200 updated recipes for all-time favorites plus spec slow-simmering soups, comforting stews chock-full of garden-fresh vegetables, succulent roast chicken and bubbling fruit pies. these are the tastes that come to mind when we think of country cooking. now canadian living re-creates these well-loved, satisfying dishes in this glorious full-colour cookbook — featuring over 200 updated recipes for all-time favorites plus special menu suggestions and entertaining ideas throughout. .more</p>	<p>Readable/Downloadable</p>
	<p>CANADIAN LIVING'S BEST CHOCOLATE over 100 dessert extravaganzas in everyone's favorite flavor. dessert trends come and go, but chocolate never goes out of style. the very word implies creaminess, richness, a slight wickedness and definite melt-in-your-mouth sumptuousness. in fact, for many people, there simply isn't any other dessert worth having. that's why canadian living has gathered all of its very best over 100 dessert extravaganzas in everyone's favorite flavor. dessert trends come and go, but chocolate never goes out of style. the very word implies creaminess, richness, a slight wickedness and definite melt-in-your-mouth sumptuousness. in fact, for many people, there simply isn't any other dessert worth having. that's why canadian living has gathered all of its very best chocolate recipes into one showstopping collection that is a chocolate lover's dream come true. from decadent chocolate hazelnut dacquoise or fudge truffle tart for special occasions to summertime white chocolate and raspberry parfait or trendy chocolate dipped pretzels with a video on friday night, you'll find something to satisfy every chocolate craving, every time. we've also included handy information on buying, storing and working with chocolate, plus step-by-step photos that show you basic chocolate techniques - from shaping truffles to shaving curls. this is one book no chocolate lover can afford to be without! ...more</p>	<p>Readable/Downloadable</p>
	<p>MONITORING THE WORK ENVIRONMENT REPORT OF SECOND EUROPEAN CONFERENCE: FINAL REPORT OF THE SECOND EUROPEAN CONFERENCE ON MONITORING THE WORK ENVIRONMEN FOUNDATION FOR THE IMPROVEMENT OF LIVING AND</p>	<p>Readable/Downloadable</p>
	<p>KETOGENIC COOKBOOK FOR WEIGHT LOSS: 25 QUICK AND EASY KETOGENIC DIET RECIPES FOR RAPID WEIGHT LOSS, HEALTHY LIVING AND MENTAL FOCUS (KETOGENIC & LOW CARB DIET GUIDE) ketogenic cookbook for weight loss 25 quick and easy ketogenic diet recipes for rapid weight loss, healthy living and mental focus! limited time bonus - 5 free books on fat loss from industry leading experts! discover why ketogenic dieting is the perfect solution to sustainable weight loss and healthy living! a ketogenic diet focuses on bringing the body into a very po ketogenic cookbook for weight loss 25 quick and easy ketogenic diet recipes for rapid weight loss, healthy living and mental focus! limited time bonus - 5 free books on fat loss from industry leading experts! discover why ketogenic dieting is the perfect solution to sustainable weight loss and healthy living! a ketogenic diet focuses on bringing the body into a very powerful fat burning state known as 'ketosis'. ketosis is a state of the body's metabolism where carbohydrates are not the product being broken down to supply energy – instead fats are used both from food and (most importantly) from body fat stores. by training the body to burn its own fat rather than carbohydrates from food, you can lose weight at a rapid and healthy rate, this book will show you how to do exactly that. these twenty-five delicious ketogenic recipes are the perfect way to get started towards long-term, healthy weight loss. what's inside the ketogenic cookbook for weight loss... how ketosis works and exactly why it's so effective for achieving your weight loss goals delicious veggie recipes to make sure you still get your greens! simple and delicious meat based ketogenic recipes! keto-friendly baking, delicious, keto friendly meals to put in your oven! keto friendly friendly desserts, you can still satisfy your sweet tooth while eating healthy! nutritional information for each recipe - track carbs, fat and protein with each meal! some recipes include: pumpkin waffles keto guacamole keto paprika and courgette chips keto salad platter porto bun burgers pork chops in a pan lazy chicken chocoberry mousse mint choc-chip ice cream download your copy right now! just scroll to the top of the page and hit the buy button. ...more</p>	<p>Readable/Downloadable</p>



LOW CARB DIET COOKBOOK: LOW CARB RECIPES FOR LIVING AND LOVING A LOW CARB LIFESTYLE (LOW CARB DIET RECIPES & COOKBOOKS BOOK)

calling all low carb lovers! living the low carb lifestyle if you have been following a low carb diet for any length of time, you know how difficult it was in the beginning to eat the right foods. it feels like every food you reach for is loaded with carbs these days. low carb dieters need to be creative in preparing meals so they can have flavor and stick with a low carb calling all low carb lovers! living the low carb lifestyle if you have been following a low carb diet for any length of time, you know how difficult it was in the beginning to eat the right foods. it feels like every food you reach for is loaded with carbs these days. low carb dieters need to be creative in preparing meals so they can have flavor and stick with a low carb lifestyle. the secret to success with a low carb diet is enjoying the food you eat and having enough recipes to prevent boredom. boredom equals bad eating habits and weight gain. what is a low carb diet anyway? we shouldn't get ahead of ourselves and assume you already follow a low carb diet. if you are new to all this low carb diet talk here is a quick breakdown: typically a diet that has you eating 50 – 130 grams of carbs a day but can fluctuate heavily depending on how you respond to carbs you focus on eating natural, unprocessed foods thus minimizing your consumption of sugar and starches and replacing them with protein and healthy fats. it is really not that complicated as long as you remember to eat enough calories in the day from healthy fats and protein along with vegetables and a small amount of fruit. the mistake many people make is to cut carbs and not eat anything in their place. this isn't a calorie cutting diet as such but a reduction in excess carbs. once you start asking people about low carb diets or reading about them you will discover everyone has their own methods they believe in. they may also follow different plans like Atkins, Paleo or any number of the high protein, moderate fat, low protein diets available which all have the underlying theme of reducing your carbohydrate intake. in the end, it is your personal choice as to how strict you are when following a low carb diet. 50 ways to eat low carb charity loves being in the kitchen cooking up the latest recipe and modifying it to fit her family's tastes. they get to be the guinea pigs so you don't have to be. these recipes have been given the stamp of approval by almost everyone in the family. you can't please everybody all the time. the flexibility of low carb charity is not shy to admit she follows a low carb diet most of the time. she still takes time to enjoy foods that may not be considered low carb and would never be considered a strict follower. if you find a recipe inside that doesn't meet your low carb goals there are always substitutions you can make. the beauty of following a low carb diet is that it provides you numerous opportunities to enjoy food just for the sake of enjoying it. remember that this is not just a diet, it is a lifestyle. are you ready to try the recipes that will make your low carb life easier? scroll to the top of the page and select the buy button. ...more

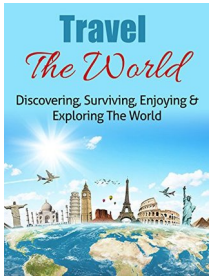
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THE HAND-SCULPTED HOUSE: A PHILOSOPHICAL AND PRACTICAL GUIDE TO BUILDING A COB COTTAGE: A PRACTICAL GUIDE TO BUILDING A COB COTTAGE (THE REAL GOODS SOLAR LIVING BOOK): 10

use the oldest, most available materials imaginable — earth, clay, sand, straw, and water — and blend them to redefine the future (and past) of building.

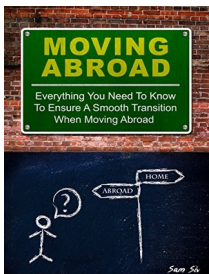
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TRAVEL THE WORLD: DISCOVERING, SURVIVING, ENJOYING & EXPLORING THE WORLD (CHEAP TRAVEL, TRAVEL GUIDE, HOW TO TRAVEL, TRAVEL ABROAD, TRAVEL TIPS, TRAVEL LIFE, TRAVEL LIVING)

discover how to travel the world cheaply and live to your fullest potential today only, get this amazing ebook for only \$0.99, regularly priced at \$2.99 have you ever felt the urge to suddenly drop everything - your job, your friends and family, your total sense of security - and just travel the world? have you then felt this feeling become crushed as you think about all discover how to travel the world cheaply and live to your fullest potential today only, get this amazing ebook for only \$0.99, regularly priced at \$2.99 have you ever felt the urge to suddenly drop everything - your job, your friends and family, your total sense of security - and just travel the world? have you then felt this feeling become crushed as you think about all the effort and planning you'd have to go through, all of the risks and dangers you'd face and all of the time and money you'd waste going overseas? if so, you're not alone, as millions of people have found themselves in this exact situation throughout various stages of their life, and few have the courage to act upon this urge without dismissing it as meaningless. the fact is, so many people have opportunities practically thrown in their face to get out of their comfort zone, explore unknown territories and have untold adventures, but reject or avoid these chances because they're afraid of what the consequences will be. i believe that this fear stems from nothing more than naivety; a simple ignorance which everyone possesses about how big and scary the world is, until they either get out there and experience it first hand, or learn through the advice of others that this is not the case. in this book i hope to achieve the latter: i'm going to give you some simple, concise tips and advice that will guide you through the key steps you need to take to ensure you get through an overseas trip smoothly and cheaply, and most importantly enjoy it to the fullest! after reading it you'll no longer have to feel the tear between one part of you wanting to get out into the world and explore, with another part holding you back to your safe, comfortable world. you'll find that you've become a confident, adventure-seeking traveler who is ready to take on the world. don't continue to sit at home and watch the world pass you by, allow me to explain to you exactly how you can go out and live your dreams now. download your copy today! take action now and achieve your ultimate potential! tags: cheap travel, travel guide, travel life, travel advice, travel living, travel tips, how to travel, exploring the world, how to travel cheaply, travel the world, achieve your potential, follow your dreams, travel the world ...more

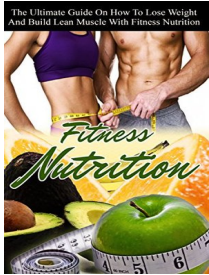
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THE GUIDE TO MOVING ABROAD: EVERYTHING YOU NEED TO KNOW TO ENSURE A SMOOTH TRANSITION WHEN MOVING ABROAD (MOVING OVERSEAS, MOVING TO A DIFFERENT COUNTRY, LIVING) (MOVING ABROAD BOOKS BOOK 1)

you're about to discover what you need to know before moving oversea before moving abroad, you should do some research on your intended destination. every country is different and unique. moving to a new country means you will become immersed within an entirely different culture. if you have not properly prepared for this event it will come as quite a shock to you, as a you're about to discover what you need to know before moving oversea before moving abroad, you should do some research on your intended destination. every country is different and unique. moving to a new country means you will become immersed within an entirely different culture. if you have not properly prepared for this event it will come as quite a shock to you, as all of the traditions you are familiar with are replaced with new and foreign ones. there have been recommendations suggesting a pre-move visit to view the housing markets and job prospects; however this is not always possible nor is it particularly feasible. if however the aforementioned is a possibility, visiting your possible future destination will give you the opportunity to view the cultures and customs associated with this new country. it would also make the process of finding accommodation (chapter 3) much easier. here is a preview of what you'll learn... *your new home- what do you know about it? *finding and evaluating employment overseas *renting or buying your home *documents required for moving overseas. *consider financial issues *transport pets- what to do? *best ways in finding a removal company *preparing for the great move *settling for a new life *much, much more! download today! tags: moving overseas, moving to a different country, living overseas, international living, moving away from home, low cost living abroad, moving to hawaii, moving to australia, living off the grid .more

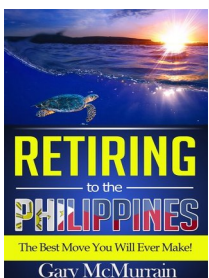
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FITNESS NUTRITION: THE ULTIMATE GUIDE ON HOW TO LOSE WEIGHT AND BUILD LEAN MUSCLE WITH FITNESS NUTRITION (NUTRITION FOR DUMMIES, WEIGHT LOSS AND HEALTHY LIVING)

discover how to lose weight and build lean muscle through the basics of nutrition read on your pc, mac, smartphone, tablet or kindle device. you're about to discover how to lose weight and build lean muscle naturally and safely, all through nutrition. millions of people want to lose weight not only to be healthier but to build muscle to look toned and lean. the problem is discover how to lose weight and build lean muscle through the basics of nutrition read on your pc, mac, smartphone, tablet or kindle device. you're about to discover how to lose weight and build lean muscle naturally and safely, all through nutrition. millions of people want to lose weight not only to be healthier but to build muscle to look toned and lean. the problem is they just don't know where to start. what you will learn in this book can be applied simply to everyday life leading to weight loss and a toned lean body. this book includes proven steps and strategies and will teach you exactly how calories work and how to choose the right foods to achieve weight loss and build lean muscle. here is a preview of what you'll learn... how calories work choose carbohydrates wisely good fats for weight loss the lowdown on lean protein meal frequency fitness nutrition tips calculating your daily calorie needs to lose weight take action right away to lose weight and build lean muscle by downloading this book, "fitness nutrition", for a limited time discount of only \$2.99! download your copy today! tags: nutrition, nutrition for dummies, weight loss and healthy living, lose weight feel great, lose weight naturally fast, lose weight now, healthy eating, body for life, build lean muscle .more

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RETIRING TO THE PHILIPPINES (PHILIPPINES, PHILIPPINES TRAVEL GUIDE, PHILIPPINES KINDLE, PHILIPPINES TRAVEL, EXPATRIATES, EXPATRIATE LIVING, EXPATS): SAMPLE THE LIFE THAT AWAITS YOU IN THE PHILIPPINES

amazon #1 bestseller gary mcmurray first traveled to the philippines in 1986 and in 2008 he decided to make it his permanent home. he has been a moderator on many of the largest forums and groups and answers questions on a wide variety of issues on a daily basis. this book is an extension of his previous efforts to help and advise people who are considering leaving their pr amazon #1 bestseller gary mcmurray first traveled to the philippines in 1986 and in 2008 he decided to make it his permanent home. he has been a moderator on many of the largest forums and groups and answers questions on a wide variety of issues on a daily basis. this book is an extension of his previous efforts to help and advise people who are considering leaving their present situation and becoming full time residents of the philippines. here's what you'll discover in this 'no-fluff' introduction to an expats life in the philippines... * why retirement to the philippines is the best decision you'll ever make * why it's such a popular destination for expats * how easy it is to immerse yourself in the culture and why language is not an issue * exactly how cheap the cost of living is in the philippines * multiple ways your lifestyle will immediately improve by living in the philippines * how access to all major countries government offices is simple * how amazing the medical care is over here and how it is on an equal level with the services you're accustomed to * sample a flavor of the amazing cuisine that's on offer in the philippines * inexpensive housing is abundant and the type of residence you'll be able to afford can be so much greater than the one you are currently living in * inter-island travel is cheap so island hopping is a great way to pass the time * great shopping and where to buy absolutely anything you could ever wish for. at much more affordable prices than in the west * how welcoming and accommodating the people are and how the embrace foreigners with open arms * why the people of the philippines are world famous for their welcoming smiles * why life is simple in the philippines and why you should leave the stressful life behind you gary covers all these things and more in this short book that will give you a sample of life in the philippines. once you've read this book you'll be rushing for the phone to book a ticket over here. we'll see you soon about the author gary mcmurray is originally from the us and has visited, lived and done business in the philippines for over 27 years. he is widely regarded as an expert in living the expat life and is often seen offering his help and advice on related forums. if you're interested in learning more about retiring or moving to the philippines then feel free to visit retiringtothephilippines.com and read some of his articles. you can also post any questions on the sites forum and gary will personally respond. .more

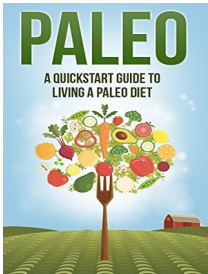
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NOVELS BY KELLEY ARMSTRONG, INCLUDING: BITTEN (NOVEL), STOLEN (NOVEL), DIME STORE MAGIC (NOVEL), INDUSTRIAL MAGIC (NOVEL), HAUNTED (ARMSTRONG NOVEL), BROKEN (NOVEL), NO HUMANS INVOLVED, PERSONAL DEMON, THE SUMMONING (NOVEL), LIVING WITH THE DEAD (NOVEL)

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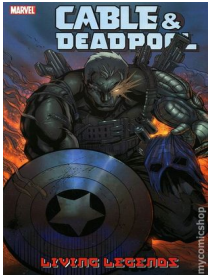
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PALEO: A QUICKSTART GUIDE TO LIVING A PALEO DIET (PALEO FOR BEGINNERS, PALEO RECIPES, WEIGHT LOSS, PALEO DIET, HEALTHY EATING SERIES)

paleo - a quickstart guide to living a paleo diet want to know more about living a paleo diet?! paleo. you may have heard about it from the celebrities or seen it mentioned on the internet. you've probably even heard your friends and family talking about it. chances are you don't understand what sets it apart from a diet or what it can truly mean to your overall health. i paleo - a quickstart guide to living a paleo diet want to know more about living a paleo diet?! paleo. you may have heard about it from the celebrities or seen it mentioned on the internet. you've probably even heard your friends and family talking about it. chances are you don't understand what sets it apart from a diet or what it can truly mean to your overall health. it doesn't come from a factory and you won't find it in a cellophane wrapper. what is it? it's real food. it has the potential to add years to your life and your body will thank you for it in the meantime. the name "paleo" refers to the way science reasons that our ancestors ate during the paleolithic era, about 15,000 years ago. archeological studies have revealed that these stone-age peoples did not suffer from many of the life-ending illnesses we often see today such as heart disease, diabetes, and strokes. it is believed that many of our current illnesses begin with the foods that we eat. the human body is a complex, yet adaptable machine that must have specific foods as fuel. living a paleo lifestyle takes some understanding and this book will explain the basics to get you started. it will also talk about the specifics of paleo living as well. living a paleo lifestyle can help you lose weight, get you back to a healthier you and increase your quality of life. many people just don't feel well, they have tried so many different diets and exercise programs and still don't feel like they know they should. this is why paleo living is quickly becoming a new way of living for so many. take time to learn more about your body and what makes it work properly. learn what you can do to help yourself get back to the way you are supposed to look and feel. you owe it to yourself to do this, why not start with this book? worth a consideration? here it is. do something good for you, you deserve it! read on your pc, mac, smart phone, tablet or kindle device. find out what you will learn... what is paleo? foods and their benefits start at the beginning i heard paleo is very expensive socializing and paleo much, much more! download your copy today! don't waste another minute; get your copy of this informative book now! tags: paleo, living paleo, paleo diet, eating, diet, weightloss, healthy eating, paleo diet books, paleo diet handbook, paleo diet cookbook, paleo diet plan, paleo diet eating, weight loss.pale, paleo recipes, paleo for beginners .more

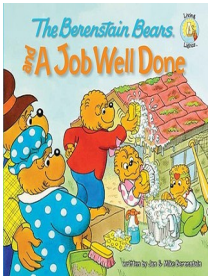
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CABLE AND DEADPOOL, VOL 5: LIVING LEGENDS (CABLE AND DEADPOOL #5)

our greed for knowledge recreated his telepathy. our quest to confine him recreated his telekinesis. he has forged a paradise haven that threatens to destabilize countless governments and religions. one man wants to find out what cable's intentions are before it's too late. guest-starring captain america plus: cable sees the signs - omens and portents - characters gatherin our greed for knowledge recreated his telepathy. our quest to confine him recreated his telekinesis. he has forged a paradise haven that threatens to destabilize countless governments and religions. one man wants to find out what cable's intentions are before it's too late. guest-starring captain america plus: cable sees the signs - omens and portents - characters gathering, moving across the board like chess pieces... can apocalypse be resurrected? can cable and deadpool stop it in time? and most surprising of all.what if one of them doesn't want it to be stopped? and finally, domino is hired to stop deadpool's activities in the central european country of rumekistan, only to learn he plans to assassinate the country's imposed ruler, the international terrorist named flag-smasher. should she stop him? will her decision be influenced when she finds out dp was given his mission by.cable? collects cable/deadpool #25-29. .more

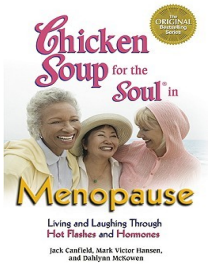
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THE BERENSTAIN BEARS AND A JOB WELL DONE (THE BERENSTAIN BEARS LIVING LIGHTS)

brother, sister, and honey bear need to clean their playhouse. they'd rather play outside. in the berenstain bears and a job well done the bear children learn what the bible says about the joy of work.

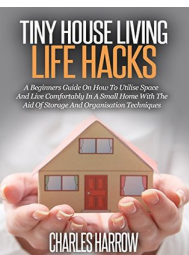
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CHICKEN SOUP FOR THE SOUL IN MENOPAUSE: LIVING AND LAUGHING THROUGH HOT FLASHES AND HORMONES (CHICKEN SOUP FOR THE SOUL (PAPERBACK HEALTH COMMUNICATIONS))

chicken soup for the soul in menopause a laugh-out-loud, pick-me-up collection of stories for the millions of women who are battling hot flashes, mood swings and mental lapses. as baby boomers hit their late forties and fifties, a record number of women are going through menopause. whether they're in "active" menopause or just beginning to experience their first gray hairs chicken soup for the soul in menopause a laugh-out-loud, pick-me-up collection of stories for the millions of women who are battling hot flashes, mood swings and mental lapses. as baby boomers hit their late forties and fifties, a record number of women are going through menopause. whether they're in "active" menopause or just beginning to experience their first gray hairs and the hot nights of perimenopause, they'll find support, com... full description .more

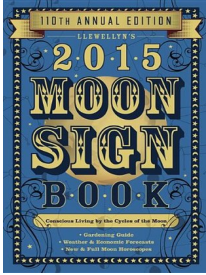
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TINY HOUSE LIVING LIFE HACKS - A BEGINNERS GUIDE ON HOW TO UTILIZE SPACE AND LIVE COMFORTABLY IN A SMALL HOME WITH THE AID OF STORAGE AND ORGANIZATION DIY, MAXIMISE YOUR SPACE, FLOOR PLANS)

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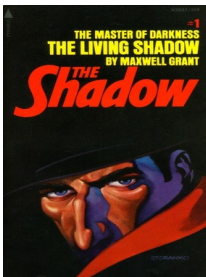
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