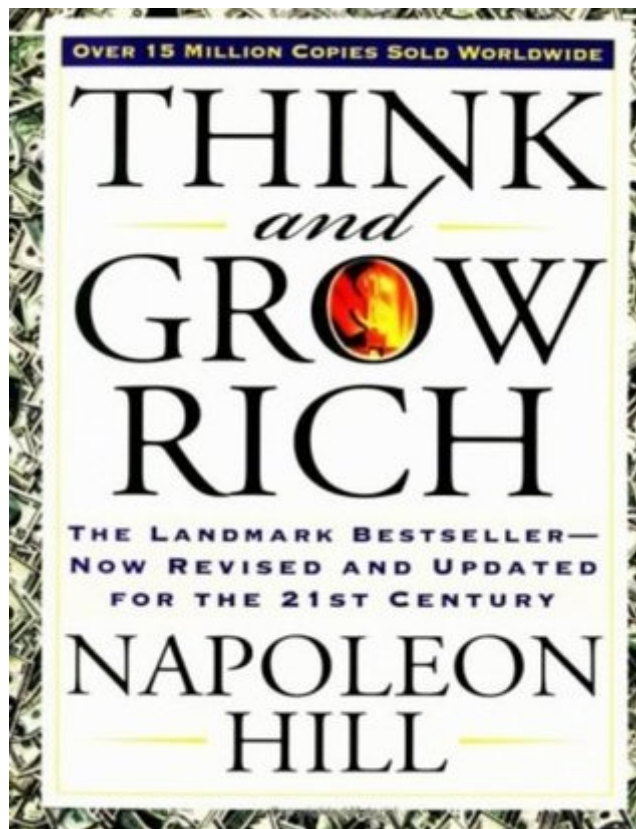


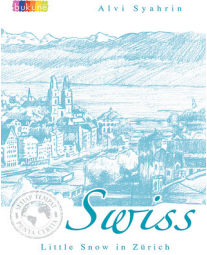
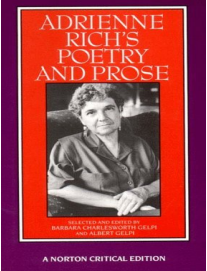

THINK AND GROW RICH

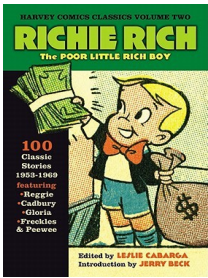


Read and download ebook for think and grow rich by napoleon hill think and grow rich has been called the "granddaddy of all motivational literature." it was the first book to boldly ask, "what makes a winner?" the man who asked and listened for the answer, napoleon hill, is now counted in the top ranks of the world's winners himself.the most famous of all teachers of success spent "a fortune and the better part of a lifetime of effort" think and grow rich has been called the "granddaddy of all motivational literature." it was the first book to boldly ask, "what makes a winner?" the man who asked and listened for the answer, napoleon hill, is now counted in the top ranks of the world's winners himself.the most famous of all teachers of success spent "a fortune and the better part of a lifetime of effort" to produce the "law of success" philosophy that forms the basis of his books and that is so powerfully summarized in this one. in the original think and grow rich, published in 1937, hill draws on stories of andrew carnegie, thomas edison, henry ford, and other millionaires of his generation to illustrate his principles. in the updated version, arthur r. pell, ph.d., a nationally known author, lecturer, and consultant in human resources management and an expert in applying hill's

thought, deftly interweaves anecdotes of how contemporary millionaires and billionaires, such as bill gates, mary kay ash, dave thomas, and sir john templeton, achieved their wealth. outmoded or arcane terminology and examples are faithfully refreshed to preclude any stumbling blocks to a new generation of readers. ...more

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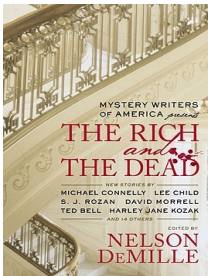
Cover	Title & Description	Status
	<p>SWISS: LITTLE SNOW IN ZÜRICH (SETIAP TEMPAT PUNYA CERITA #4)</p> <p>di zürich, ada kisah tentang salju yang hangat, tentang tawa yang mencair. membuat yasmine tersenyum bahagia. "ich liebe dich,"—aku mencintaimu—bisik gadis itu, membiarkan repih salju membias di wajahnya. manis cinta dalam cokelat yang laki-laki itu berikan membeku menjadi kenangan di benaknya, tak akan hilang. di puncak gunung uetliberg—yang memancarkan seluruh panorama kota di zürich, ada kisah tentang salju yang hangat, tentang tawa yang mencair. membuat yasmine tersenyum bahagia. "ich liebe dich,"—aku mencintaimu—bisik gadis itu, membiarkan repih salju membias di wajahnya. manis cinta dalam cokelat yang laki-laki itu berikan membeku menjadi kenangan di benaknya, tak akan hilang. di puncak gunung uetliberg—yang memancarkan seluruh panorama kota zürich—bola-bola salju terasa hangat di tangannya, kala mereka bersisian. dan jembatan münsterbrücke, jembatan terindah dan tertua di zürich, seolah bersinar di bawah nyala lampu seperti bintang. "jika aku jatuh cinta, tolong tuliskan cerita yang indah," bisik gadis itu. ia tahu ia telah jatuh cinta, dan berharap tak tersesat. namun, entah bagaimana, semua ini terasa bagai dongeng. indah, tetapi terasa tidak nyata. tschüs—sampai jumpa— yasmine, semoga akhir kisahmu indah. ...more</p>	<p>Readable/Downloadable</p>
	<p>ADRIENNE RICH'S POETRY AND PROSE</p> <p>the editors have also taken into account the many essays on rich and reviews of her work that have been published since 1975. some earlier biographical selections have been replaced with works that focus on the quality of rich's writing and her place in twentieth-century american literature not just as a poet, but as a woman, a lesbian, and a mother. criticism includes thi the editors have also taken into account the many essays on rich and reviews of her work that have been published since 1975. some earlier biographical selections have been replaced with works that focus on the quality of rich's writing and her place in twentieth-century american literature not just as a poet, but as a woman, a lesbian, and a mother. criticism includes thirteen reviews and interpretations of rich's work by w. h. auden, john ashbery, margaret atwood, helen vendler, judith mcdaniel, adrian oktenberg, charles altieri, and joanna feit diehl, among others. a second recent study by albert gelpi traces the events in rich's life from which her work evolves. an updated chronology and selected bibliography, as well as an expanded index, are included. " ...more</p>	<p>Readable/Downloadable</p>
	<p>KENTUCKY RICH (KENTUCKY, #1) (KENTUCKY #1)</p> <p>fern michaels took readers on an emotionally rewarding journey when she created the colemans and thorntons, the unforgettable families of her texas and vegas series. now, the next generation is featured in an exciting new novel that features the heady thrills of kentucky horse racing and strong, accomplished women who fight for their dreams.josh coleman left behind unfinis fern michaels took readers on an emotionally rewarding journey when she created the colemans and thorntons, the unforgettable families of her texas and vegas series. now, the next generation is featured in an exciting new novel that features the heady thrills of kentucky horse racing and strong, accomplished women who fight for their dreams.josh coleman left behind unfinished family business when he took to his deathbed at sunstar, the thoroughbred horse farm he'd built from nothing. but now that unfinished business cannot be ignored -- because his long-lost daughter has come back to settle an old score. nealy no longer resembles the teenager who slipped away in the middle of the night with her illegitimate child thirty years ago. she is rich, sophisticated, and renowned in the racing world -- a woman to be reckoned with. nealy's return will change everything for her two brothers, her daughter, and for all the thorntons and colemans, who have strong connections with sunstar. and when the truth about her father and a family's troubled past is revealed, nealy will find her courage tested in unexpected ways and face challenges that will reveal what is truly important in her life. ...more</p>	<p>Readable/Downloadable</p>



HARVEY COMICS CLASSICS, VOL 2: RICHIE RICH (HARVEY COMICS CLASSICS #2)

move over uncle scrooge! the richest character in comic book history is about to get his due. harvey comics' original creation richie rich, the poor little rich boy, represented the fantasies of every comic book-loving kid growing up in the 1960s and 70s. now, dark horse is delighted to present the ultimate tribute to the boy who has everything - and we mean everything! th move over uncle scrooge! the richest character in comic book history is about to get his due. harvey comics' original creation richie rich, the poor little rich boy, represented the fantasies of every comic book-loving kid growing up in the 1960s and 70s. now, dark horse is delighted to present the ultimate tribute to the boy who has everything - and we mean everything! this mega compilation of the essential richie collects his earliest and most substantial stories for the first time ever. created by sid jackson and warren kremer as a back-up feature in little dot comics in 1953, richie rich went on to become harvey's biggest money maker, appearing in over fifty different spin-off titles over the next 40 years. in addition to the magnificent comic art of warren kremer, richie was also drawn by animation great steve muffatti and comics legend ernie colon. ...more

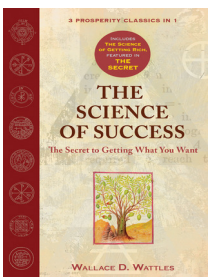
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MYSTERY WRITERS OF AMERICA PRESENTS THE RICH AND THE DEAD (MYSTERY WRITERS OF AMERICA ANTHOLOGY)

the truly wealthy live in another world. from their multi-national businesses to their palatial mansions to their exotic vacations at glamorous places all around the world, they do everything in a big way. and sometimes, that even includes crime. in this anthology, you'll read about a wealthy writer who plots murder his hopeless agent, an aging actress who clings to her pa the truly wealthy live in another world. from their multi-national businesses to their palatial mansions to their exotic vacations at glamorous places all around the world, they do everything in a big way. and sometimes, that even includes crime. in this anthology, you'll read about a wealthy writer who plots murder his hopeless agent, an aging actress who clings to her past of wealth and fame, and a spoiled rich boy who steps into dangerous territory with his mean antics, among others. the rich and the dead features mystery and crime stories set among the upper crust of society, going behind the scenes of the lifestyles of the two percent of the world that controls sixty percent of its riches--and just how far they'll go to stay on top. ...more

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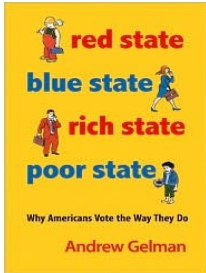
THE SCIENCE OF SUCCESS: THE SECRET OF GETTING WHAT YOU WANT: WITH THE SCIENCE OF GETTING RICH AND THE SECRET OF PROSPERITY

three prosperity classics in one! includes the science of getting rich, featured in the secret. why be poor when you could be rich, mediocre when you could be great, sick when you could be healthy? you have within you the ability to get whatever you want! prosperity guru wallace d. wattles reveals how to tap into this secret power to channel the abundance of the universe an three prosperity classics in one! includes the science of getting rich, featured in the secret. why be poor when you could be rich, mediocre when you could be great, sick when you could be healthy? you have within you the ability to get whatever you want! prosperity guru wallace d. wattles reveals how to tap into this secret power to channel the abundance of the universe and make all your dreams a reality. his method is simple and straightforward, yet it opens up a world where opportunity is limitless, where we control of our own destiny, and where there are scientific answers to life's great philosophical and religious questions. the science of success contains three prosperity classics in a single volume, and all in color, including wattles's most famous, the science of getting rich, featured prominently in rhonda byrne's bestselling the secret. together, these life-changing books reverse many accepted ideas about attracting wealth, and guide readers along a path to health, success, and fulfillment. ...more

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RED STATE, BLUE STATE, RICH STATE, POOR STATE: WHY AMERICANS VOTE THE WAY THEY DO

on the night of the 2000 presidential election, americans sat riveted in front of their televisions as polling results divided the nation's map into red and blue states. since then the color divide has become a symbol of a culture war that thrives on stereotypes--pickup-driving red-state republicans who vote based on god, guns, and gays; and elitist, latte-sipping blue-sta on the night of the 2000 presidential election, americans sat riveted in front of their televisions as polling results divided the nation's map into red and blue states. since then the color divide has become a symbol of a culture war that thrives on stereotypes--pickup-driving red-state republicans who vote based on god, guns, and gays; and elitist, latte-sipping blue-state democrats who are woefully out of touch with heartland values. "red state, blue state, rich state, poor state" debunks these and other political myths. with wit and prodigious number crunching, andrew gelman gets to the bottom of why democrats win elections in wealthy states while republicans get the votes of richer voters, how the two parties have become ideologically polarized, and other issues. gelman uses eye-opening, easy-to-read graphics to unravel the mystifying patterns of recent voting, and in doing so paints a vivid portrait of the regional differences that drive american politics. he demonstrates in the plainest possible terms how the real culture war is being waged among affluent democrats and republicans, not between the haves and have-nots; how religion matters for higher-income voters; how the rich-poor divide is greater in red not blue states--and much more. "red state, blue state, rich state, poor state" is a must-read for anyone seeking to make sense of today's fractured american political landscape. myths and facts about the red and the blue: "myth the rich vote based on economics, the poor vote "god, guns, and gays."" fact church attendance predicts republican voting much more among rich than poor. "myth a political divide exists between working-class "red america" and rich "blue america."" fact within any state, more rich people vote republican. the real divide is between higher-income voters in red and blue states. "myth rich people vote for the democrats." fact george w. bush won more than 60 percent of high-income voters. "myth religion is particularly divisive in american politics." fact religious and secular voters differ no more in america than in france, germany, sweden, and many other european countries. ...more



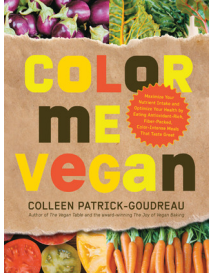
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START LATE, FINISH RICH, CANADIAN EDITION: CANADIAN EDITION

david bach has a plan to help you live and finish rich—no matter where you start so you feel like you’ve started late? you are not alone. what if i told you that right now as you flip through this book, 70% of the people in the store with you are living paycheck to paycheck? what if i told you that the man browsing the aisle to your left owes more than \$8,000 in credit card d david bach has a plan to help you live and finish rich—no matter where you start so you feel like you’ve started late? you are not alone. what if i told you that right now as you flip through this book, 70% of the people in the store with you are living paycheck to paycheck? what if i told you that the man browsing the aisle to your left owes more than \$8,000 in credit card debt? and the woman on your right has less than \$1,000 in savings? see? you’re really not alone. unfortunately, the vast majority of people who’ve saved too little and borrowed too much will never catch up financially. why? because they don’t know how. you can start late and finish rich—but you need a plan. this book contains the plan. it’s inspiring, easy to follow, and is based on proven financial principles. building a secure financial future for yourself isn’t something you can do overnight. it will take time and it will take work. but you can do it. i know. i’ve helped millions of people get their financial lives together—and i can help you. spend a few hours with me—and let me challenge you. give me a chance to become your coach. just because you started late doesn’t mean you are doomed to an uncertain future. whether you’re in your thirties, forties, fifties, or beyond, there is still time to turn things around. it’s never too late to live and finish rich. all it takes is the decision to start. —david bach is it too late for me to get rich? over and over, people share their fears with david bach, america’s leading money coach and the number-one national best-selling author of the automatic millionaire. “if only i had started saving when i was younger!” they say. “is there any hope for me?” there is hope, and help is here at last! in start late, finish rich, david bach takes the “finish rich” wisdom that has already helped millions of people and tailors it specifically to all of us who forgot to save, procrastinated, or got sidetracked by life’s unexpected challenges. whether you are in your thirties, forties, fifties, or even older, bach shows that you really can start late and still live and finish rich – and you can get your plan in place fast. in a motivating, swift read you learn how to ramp up the road to financial security with the principles of spend less, save more, make more – and most important, live more. and he gives you the time tested plan to do it. the start late, finish rich promise is bold and clear: even if you are buried in debt – there is still hope. you can get rich in real estate – by starting small. find your “latte factor” – and turbo charge it to save money you didn’t know you had. you can start a business on the side – while you keep your old job and continue earning a paycheck. you can spend less, save more and make more – and it doesn’t have to hurt. david bach gives you step-by-step instructions, worksheets, phone numbers and website addresses –everything you need to put your start late plan into place right away. and he shares the stories of ordinary americans who have turned their lives around, at thirty, forty, fifty, even sixty years of age, and are now financially free. they did it, and now it’s your turn. with david bach at your side, it’s never too late to change your financial destiny. it’s never too late to live your dreams. it’s never too late to be free. ...more



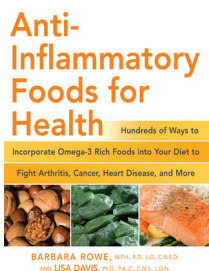
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COLOR ME VEGAN: MAXIMIZE YOUR NUTRIENT INTAKE AND OPTIMIZE YOUR HEALTH BY EATING ANTIOXIDANT-RICH, FIBER-PACKED, COLOR-INTENSE MEALS THAT TASTE GREAT

in color me vegan, author and vegan extraordinaire colleen patrick-goudreau brings an edible rainbow of plant-based cuisine to your kitchen table with 150 flavorful recipes designed to boost your health and perk up your palate. with color as the guiding principle behind each section, colleen shows vegetarians, vegans, and everyone in between exactly how phytonutrients—the in color me vegan, author and vegan extraordinaire colleen patrick-goudreau brings an edible rainbow of plant-based cuisine to your kitchen table with 150 flavorful recipes designed to boost your health and perk up your palate. with color as the guiding principle behind each section, colleen shows vegetarians, vegans, and everyone in between exactly how phytonutrients—the most powerful, pigmented antioxidants on earth, found in everything from select fruits and vegetables, to grains, legumes, nuts, and seeds—can be expertly incorporated into your meals for the greatest nutritional punch. from the “color me blue” chapter, for example, you’ll be treated to recipes such as: radicchio fennel salad with caper dressing chilled blueberry mango soup lavender-roasted purple onions eggplant with dengaku (sweet miso) sauce purple plum pie with crumble topping from sensational starters and salads, to filling mains and sides, to crave-worthy desserts— in every color—each recipe is not just a feast for your stomach, but a feast for your eyes as well! colleen patrick-goudreau, best-selling author of the joy of vegan baking (fair winds, fall 2007) and the vegan table (fair winds, spring 2009), is the founder of compassionate cooks (compassionatecooks.com), an organization whose mission is to empower people to make informed food choices and to debunk myths about veganism. a recognized expert on healthful plant-based cuisine, colleen has appeared on the food network and is a columnist for vegnews magazine. ...more

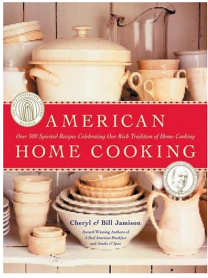
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ANTI-INFLAMMATORY FOODS FOR HEALTH: HUNDREDS OF WAYS TO INCORPORATE OMEGA-3 RICH FOODS INTO YOUR DIET TO FIGHT ARTHRITIS, CANCER, HEART DISEASE, AND MORE

great food for inflammation sufferers.cut your finger accidentally and the area will swell, redden, and heat up. this type of acute inflammatory response is the body's reaction to trauma, and it's an essential part of the healing process. but inflammation can be harmful when it hangs around too long and refuses to leave. when the inflammation switch refuses to turn off, th great food for inflammation sufferers.cut your finger accidentally and the area will swell, redden, and heat up. this type of acute inflammatory response is the body's reaction to trauma, and it's an essential part of the healing process. but inflammation can be harmful when it hangs around too long and refuses to leave. when the inflammation switch refuses to turn off, the body operates as if it is always under attack (the older we get, the more likely this is to happen). white blood cells flood the system for weeks, months, and even years. researchers are now linking low-grade, persistent inflammation to premature aging, heart disease, m.s., diabetes, alzheimer's, psoriasis, arthritis, and cancer. while anti-inflammatory drugs do exist, they can injure the stomach or suppress the immune system. fortunately, the situation can be remedied by a change in diet, specifically by altering the kinds of fats you eat. omega-3 fatty acids tend to decrease inflammation while omega-6 fats and trans-fats increase inflammation. while many foods in the standard american diet (unrefined white flour, sugar, red meat, diary, fast food, and food additives) exacerbate inflammation, a healthy diet made up of fish, nuts, seeds, oils, lean grass-fed meats, and fruits and vegetables can help lessen or prevent inflammation. likewise, certain spicers such as turmeric, cloves, and ginger have proven anti-inflammatory activity. anti-inflammatory foods for health will help those with inflammation incorporate anti-inflammatory foods into their everyday diet. sample recipes may include french-canadian pea soup, sumac salmon, maple-ginger butternut squash, lime-ginger glazed chicken with fennel relish, green salad with grapes and sunflower seeds, cod with saffron sauce, and more. ...more

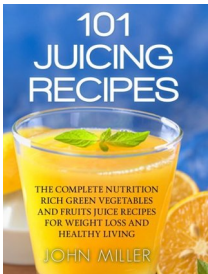
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AMERICAN HOME COOKING: OVER 300 SPIRITED RECIPES CELEBRATING OUR RICH TRADITION OF HOME COOKING

a celebration of america's diverse culinary traditions lays out more than three hundred delicious recipes covering the broad spectrum of american ethnic experience and cuisine, including a wide variety of classic favorites, regional specialties, little-known local gems, and ethnic delicacies.

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101 JUICING RECIPES: THE COMPLETE NUTRITION RICH GREEN VEGETABLES AND FRUITS JUICE RECIPES FOR WEIGHT LOSS AND HEALTHY LIVING

juicing and weight loss: a natural way to transform your body!! how to apply juice fasting program to lose 7 lbs in 7 days with these nutritious rich juice recipes. the juice fasting plan is a fresh fruit and veggie detox that gives the digestive system a much needed break. high vitamins, minerals, and other essential nutritional elements are the key to getting rid of built up toxins and loss of unwanted weight gain. the modern world is filled with stressors and pollutants that can be effectively eliminated with fresh juice. a beloved childhood snack, juice is an on the go option that advances skin and organ health through adulthood. fresh fruits and vegetables juicing help you to transform your body for: * energy enhancement from oxygen rich chlorophyll. * blood detox heals the body by eliminating impurities. * the immune system is strengthened so that chronic diseases linked to cancer and arterial malfunction are mitigated. * weight loss is precipitated with juice enzymes. * hair, skin, and nails sustain growth, extending their appearance, and controlling them from premature aging. * mental acuity in concentration, memory, and precision are improved with juice. * increased muscle and joint flexibility. * deal with insomnia and other sleeping disorder with juicing. also, you will discover: * how a cleanse and detox program must be successful: ultimate tips? * role of juices to fight back with cancer!! * how your kidney/liver function will be to improved by juicing? more than "101" delicious vegetables and fruits juicing recipes for: * weight loss and fasting * cleanse and detox * immune boosting * wrinkle reducing * colon cleanse * prevent & fight for cancer, diabetes * increases your kidney function * muscles soothing and calming * memory boosting * your kids * mental acuity * and more would you like to know more? -download and boost your stamina & transform your body forever ---"today". -scroll to the top of the page and select the "buy" button. ...more

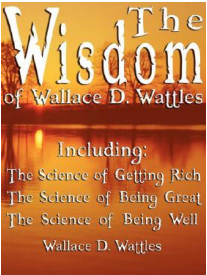

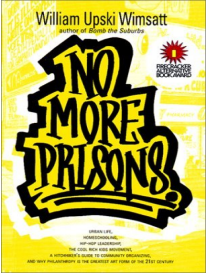
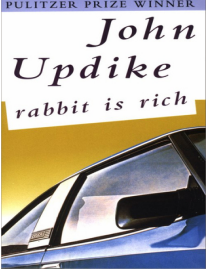

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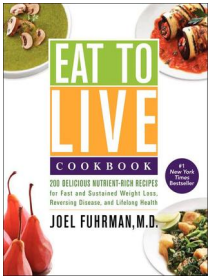


THE DIAMOND AS BIG AS THE RITZ & OTHER STORIES (THE CUT- GLASS BOWL; MAY DAY; THE RICH BOY; CRAZY SUNDAY; AN ALCOHOLIC CASE; THE LEES OF HAPPINESS; THE LOST DECADE, BABYLON REVISITED)

through his brilliant tales of the doings of rich and glamorous characters during the roaring twenties, f. scott fitzgerald won a reputation as the quintessential jazz age writer. his portrayals of the manners and morals behind the pursuit of material wealth depict frenzied, intoxicating quests that inevitably result in a miasma of disillusionment and cynicism. fitzgerald' through his brilliant tales of the doings of rich and glamorous characters during the roaring twenties, f. scott fitzgerald won a reputation as the quintessential jazz age writer. his portrayals of the manners and morals behind the pursuit of material wealth depict frenzied, intoxicating quests that inevitably result in a miasma of disillusionment and cynicism. fitzgerald's mastery of the short-story form is amply evident in this selection of six of his finest short tales, chosen from two collections: flappers and philosophers and tales of the jazz age. included are "the diamond as big as the ritz", a glittering fantasy about the corrupting power of wealth; "the ice palace", a semi-autobiographical tale of a transplanted southern belle who yearns to alter the sleepy sameness of her existence; and four others: "bernice bobs her hair," "may day," "the jelly-bean," and "the offshore pirate." although their action unfolds among the smart set in the years immediately following the first world war, these stories involve timeless human concerns: love, money, power, the search for happiness, and the death of illusion. now students and other readers can study and savor fitzgerald's unique perspective on such matters in this inexpensive treasury of short fiction. ...more

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	<p>THE WISDOM OF WALLACE D WATTLES - INCLUDING: THE SCIENCE OF GETTING RICH, THE SCIENCE OF BEING GREAT & THE SCIENCE OF BEING WELL book by wallace d. wattles</p>	<p>Readable/Downloadable</p>
	<p>READER'S DIGEST SELECT EDITIONS, VOLUME 258, 2001 #6: SUMMER LIGHT / ECHO BURNING / THE RICH PART OF LIFE / ON THE STREET WHERE YOU LIVE (JACK REACHER #5 ABRIDGED INCLUDED) collection of 4 mystery writers stories</p>	<p>Readable/Downloadable</p>
	<p>NO MORE PRISONS: URBAN LIFE, HOME-SCHOOLING, HIP-HOP LEADERSHIP, THE COOL RICH KIDS MOVEMENT, A HITCHHIKER'S GUIDE TO COMMUNITY ORGANIZING, AND WHY PHILANTHROPY IS THE GREATEST ART FORM OF THE 21ST CENTURY! winner of the 2000 firecracker alternative book award for best book, politics.</p>	<p>Readable/Downloadable</p>
	<p>RABBIT IS RICH (RABBIT ANGSTROM #3) winner of the 1982 pulitzer prize for fiction. ten years after rabbit redux, harry angstrom has come to enjoy prosperity as the chief sales representative of springer motors. the rest of the world may be falling to pieces, but harry's doing all right. that is, until his son returns from the west, and the image of an old love pays a visit to his lot...</p>	<p>Readable/Downloadable</p>
	<p>ALEXANDER, WHO USED TO BE RICH LAST SUNDAY (ALEXANDER) anthony has two dollars and three quarters and one dime and seven nickels and eighteen pennies. nicholas has one dollar and two quarters and five dimes and five nickels and thirteen pennies.alexander has...bus tokens.and even when he's rich, pretty soon all he has is bus tokens.he was rich. last sunday.grandma betty and grandpa louie came and gave anthony and nicholas and anthony has two dollars and three quarters and one dime and seven nickels and eighteen pennies. nicholas has one dollar and two quarters and five dimes and five nickels and thirteen pennies.alexander has.bus tokens.and even when he's rich, pretty soon all he has is bus tokens.he was rich. last sunday.grandma betty and grandpa louie came and gave anthony and nicholas and alexander each a dollar. alexander was saving his. maybe for a walkie-talkie.and then there was bubble gum, some bets with anthony and nicholas (that alexander lost), a snake rental, a garage sale, and all kinds of other things to spend money on.and now all he has is bus tokens. when he used to be rich last sunday. .more</p>	<p>Readable/Downloadable</p>



EAT TO LIVE COOKBOOK: 200 DELICIOUS NUTRIENT-RICH RECIPES FOR FAST AND SUSTAINED WEIGHT LOSS, REVERSING DISEASE, AND LIFELONG HEALTH

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SMART PARENTING, SMARTER KIDS: THE ONE BRIAN BOOK YOU NEED TO HELP KIDS GROW SMARTER, HEALTHIER, AND HAPPIER

every week new discoveries about the brain make the news, often promising parents the latest “right” way to nurture their kids’ developing brains and behavior. and every day there’s a new technology that demands your child’s attention, a new game or toy that purports to make your kid smarter, and a new snack promising to be every week new discoveries about the brain make the news, often promising parents the latest “right” way to nurture their kids’ developing brains and behavior. and every day there’s a new technology that demands your child’s attention, a new game or toy that purports to make your kid smarter, and a new snack promising to be healthy as well as tasty. how’s a busy parent to make heads or tails of all these claims? you turn to dr. david walsh, an expert at translating the headline-making, cutting-edge findings into practical suggestions for parenting today. in his previous bestseller, why do they act that way?, walsh showed how to manage the difficult teenage years by understanding how the adolescent brain develops. now he’s written a complete guide to parenting from birth through the teen years, with recommendations that will help maximize any child’s potential. smart parenting, smarter kids doesn’t just describe new research findings or explain interesting brain facts. it equips parents with usable information across a range of topics, like exercise, nutrition, play, sleep, stress, self-discipline, emotional intelligence, and connection. some discoveries in neuroscience confirm age-old parental wisdom while others may prompt you to make immediate changes. still other brain discoveries help explain behaviors that have puzzled parents forever, like why friendly, easygoing kids can become withdrawn and sullen dragons overnight when they enter adolescence, or why girls and boys tend to have such different classroom experiences. filled with helpful quizzes and checklists for easy reference, smart parenting, smarter kids gives specific advice about how to make the best daycare, preschool, and schooling decisions for your kids; for example, how to deal with stressful events as a family, and how to manage your child’s internet and media use. and all these findings across different fields of research work together in reaching the same goal: when children are guided to eat, sleep, play, exercise, learn, and connect with others in healthy ways, their minds blossom and they are able to reach their full potential—academically, socially, physically, and emotionally. these real-life applications in dr. walsh’s new book put science into practice with a personal plan that explains how (and why) you can parent with the brain in mind. ...more

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